

# Curvature Perturbations From Stochastic Particle Production During Inflation

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Work in progress with

M. Amin (Rice)

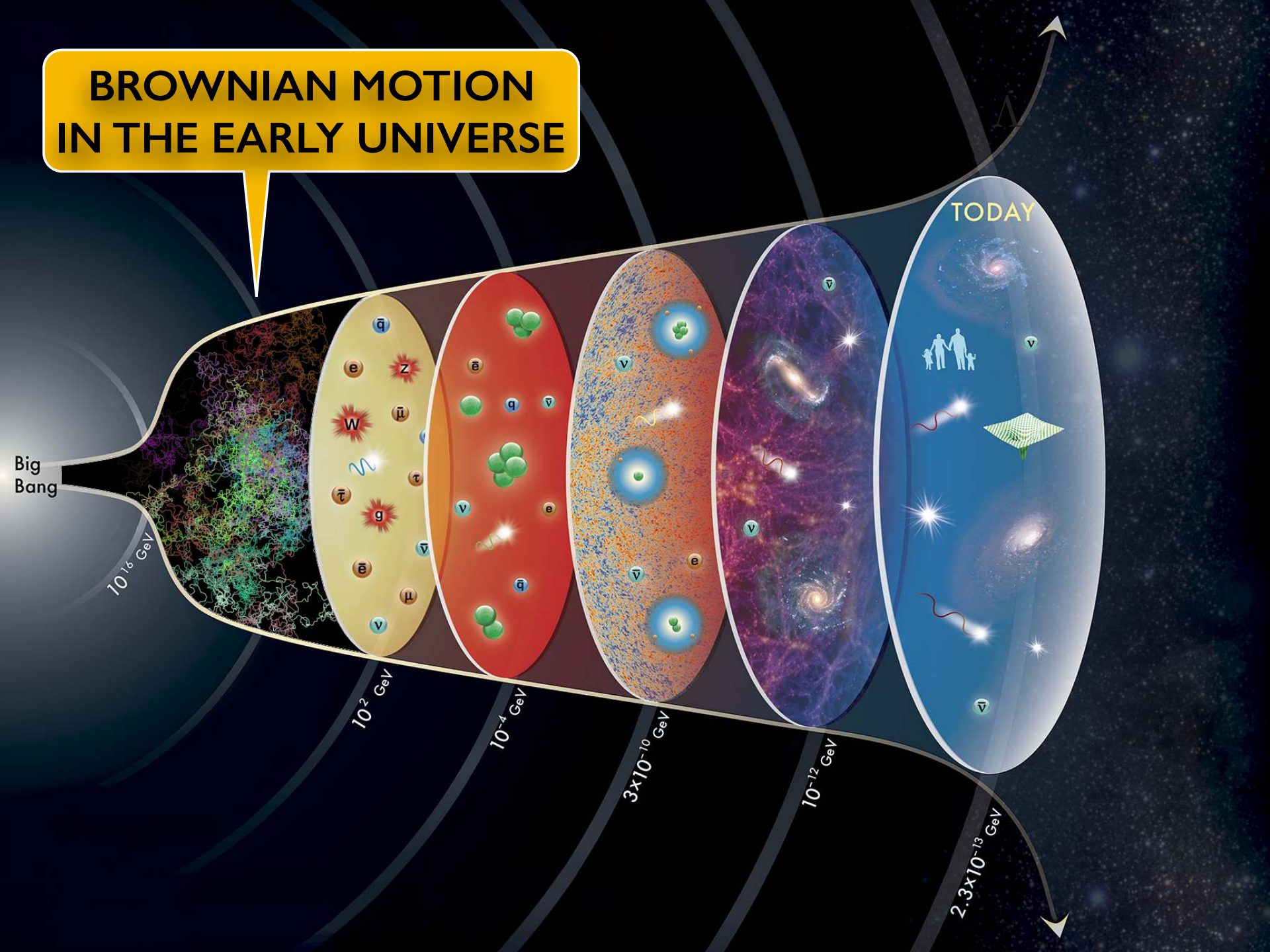
D. Green (UCSD)

D. Baumann, H.S. Chia (Amsterdam)

S. Carlsten (Princeton)



# BROWNIAN MOTION IN THE EARLY UNIVERSE



What if the early universe is not simple?

$$\mathcal{S} = \int d^4x \sqrt{-g} \left[ \frac{1}{2} G_{ij} \partial_\mu \phi^i \partial^\mu \phi^j - V(\phi) \right]$$



$$\ddot{\phi}^i + \Gamma_{jk}^i \dot{\phi}^j \dot{\phi}^k + 3H \dot{\phi}^i + G^{ij} V_{,j} = 0$$

(non-linear, complicated)



$$\left[ \partial_t^2 + (\mathbf{P}(t) + 3H) \partial_t + \frac{k^2}{a^2} + \mathbf{M}^2(t) \right] \chi = 0$$

(linear, complicated)

$$(\mathbf{P})_k^i = 2\Gamma_{jk}^i \dot{\phi}^j$$

$$(\mathbf{M}^2)_k^i = (G^{ij} V_{,j})_{,k} + \frac{\dot{\phi}^i}{H} V_{,k} + 3G_{jk} \dot{\phi}^i \dot{\phi}^j + \dots$$

Consider a spectator field in an expanding universe

$$\left( \frac{d^2}{dt^2} - \frac{\nabla^2}{a^2} + 3H \frac{d}{dt} + M^2 + m^2(t) \right) \chi(t, \mathbf{x}) = 0$$

$$a(t) = e^{H(t-t_0)}$$

(de Sitter)

$$M^2 = 2H^2 \quad (\text{conformal})$$

$$M^2 = 0 \quad (\text{massless})$$

$$m^2(t) = \sum_j m_j \delta(t - t_j)$$

(localized non-adiabatic events)

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(localized non-adiabatic events)

$$\frac{k}{aH} = |k\tau| \gtrsim 1$$

(sub-, super-horizon)

$$X_k \equiv a\chi_k$$

$$= \alpha_{k,j} f_k(\tau) + \beta_{k,j} f_k^*(\tau)$$

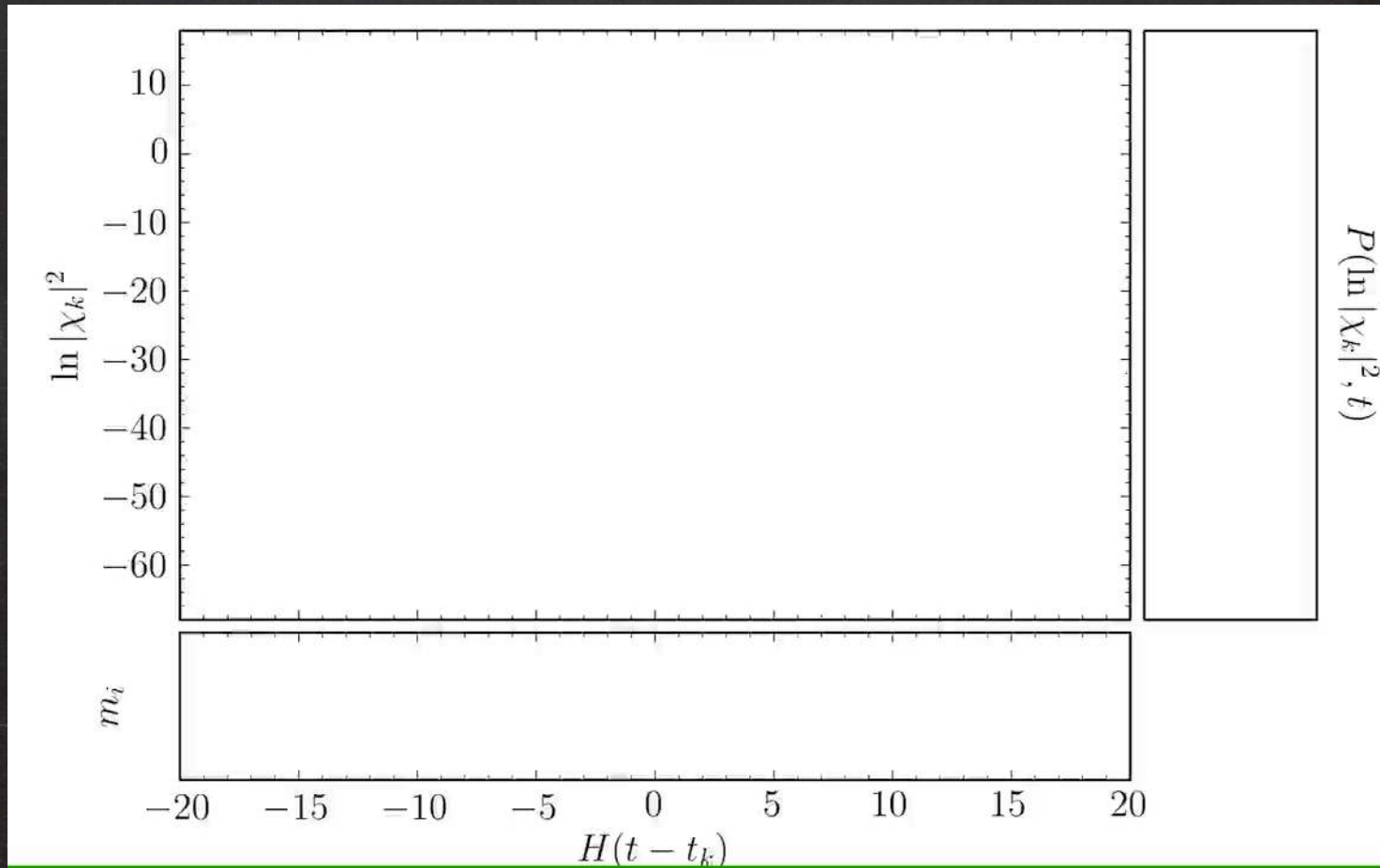
$$f_k(\tau) = \frac{e^{-ik\tau}}{\sqrt{2k}} \times \begin{cases} 1 \\ (1 - \frac{i}{k\tau}) \end{cases}$$

$$m_j, t_j \text{ random}$$

$$\langle m_j \rangle = 0$$

$$\langle m_i m_j \rangle = \sigma^2 \delta_{ij}$$

Brute force: solve numerically



Equation of motion  $\rightarrow$  junction conditions

$$\begin{pmatrix} \beta_j \\ \alpha_j \end{pmatrix} = \mathbf{M}_j \begin{pmatrix} \beta_{j-1} \\ \alpha_{j-1} \end{pmatrix} = \mathbf{M}(j) \begin{pmatrix} \beta_0 \\ \alpha_0 \end{pmatrix}, \quad |\alpha_j|^2 - |\beta_j|^2 = 1$$

where

$$\mathbf{M}_j = \mathbf{1} + im_j a_j \begin{pmatrix} |f_k(\tau_j)|^2 & f_k(\tau_j)^2 \\ -f_k(\tau_j)^{*2} & -|f_k(\tau_j)|^2 \end{pmatrix}$$

$$\mathbf{M}(j) = \mathbf{M}_j \mathbf{M}_{j-1} \cdots \mathbf{M}_1 = \begin{pmatrix} e^{i\phi} & 0 \\ 0 & e^{-i\phi} \end{pmatrix} \begin{pmatrix} \sqrt{1+n} & \sqrt{n} \\ \sqrt{n} & \sqrt{1+n} \end{pmatrix} \begin{pmatrix} e^{i\psi} & 0 \\ 0 & e^{-i\psi} \end{pmatrix}$$

$$\phi(j) = \frac{1}{2} \arg(\beta_j \alpha_j^*), \quad \psi(j) = -\frac{1}{2} \arg(\beta_j \alpha_j), \quad n(j) = |\beta_j|^2$$

$$X_k(\tau) = (1+n)^{1/2} e^{-i(\phi+\psi)} f_k(\tau) + n^{1/2} e^{i(\phi-\psi)} f_k^*(\tau)$$

Evolution of the transfer matrix is Markovian

$$\mathbf{M}(j) = \mathbf{M}_j \mathbf{M}(j-1)$$



$$P_{t+\delta t}(\mathbf{M}) = \int d\mathbf{M}_j P_t(\mathbf{M}_j^{-1} \mathbf{M}) P_{\delta t}(\mathbf{M}_j)$$

( $P$  is a transition probability)



$$\partial_t P(\mathbf{M}; t) = -\partial_{\mathbf{M}} \left[ \frac{\langle \delta \mathbf{M} \rangle_{\mathbf{M}_j}}{\delta t} P(\mathbf{M}; t) \right] + \frac{1}{2!} \partial_{\mathbf{M}}^2 \left[ \frac{\langle \delta \mathbf{M}^2 \rangle_{\mathbf{M}_j}}{\delta t} P(\mathbf{M}; t) \right] + \dots$$

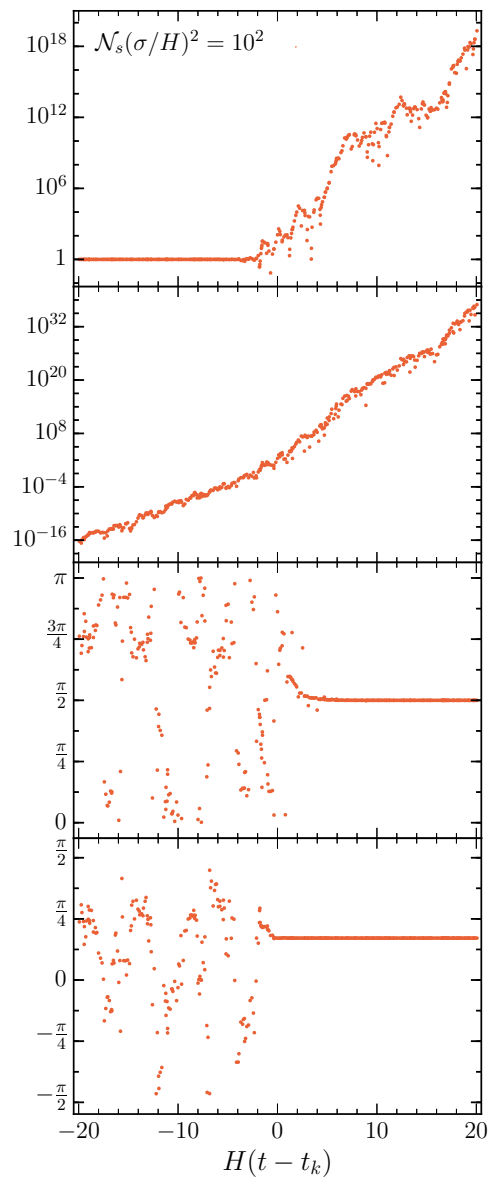
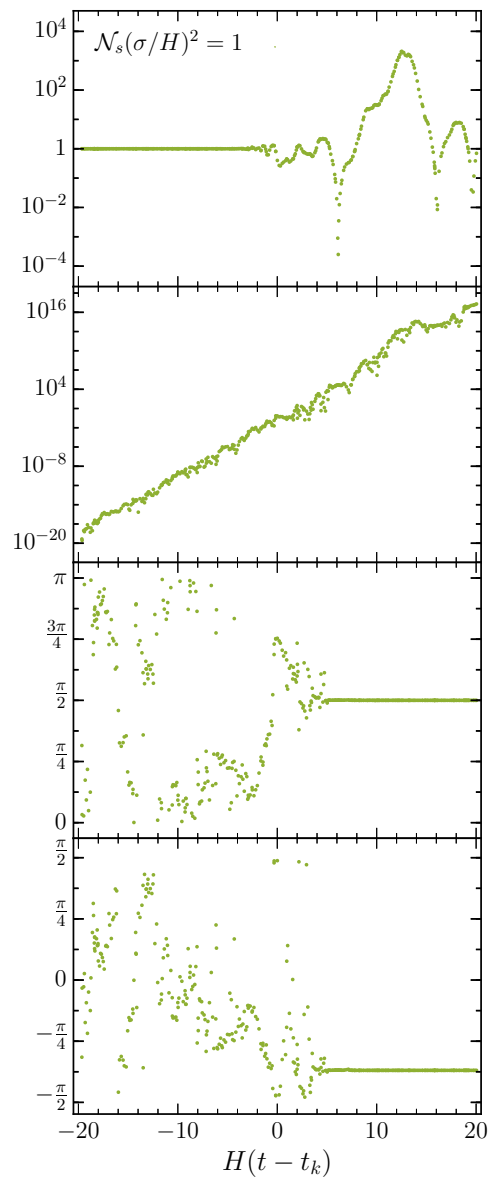
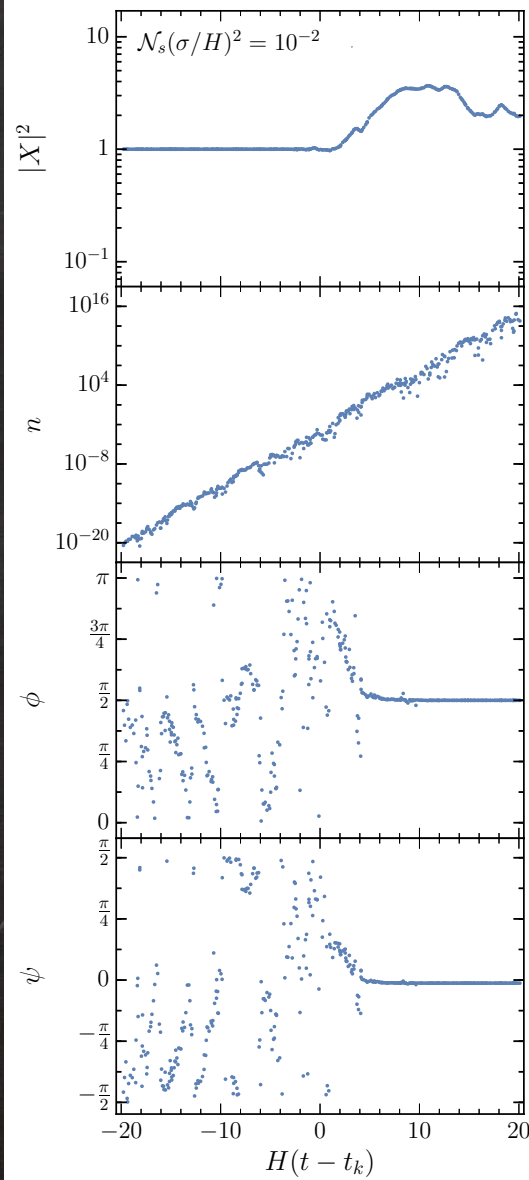


$$\frac{\partial P}{\partial t} = - \sum_b \frac{\partial}{\partial \lambda_b} \left[ \frac{\langle \delta \lambda_b \rangle_{\delta t}}{\delta t} P \right] + \frac{1}{2} \sum_{b,c} \frac{\partial^2}{\partial \lambda_b \partial \lambda_c} \left[ \frac{\langle \delta \lambda_b \delta \lambda_c \rangle_{\delta t}}{\delta t} P \right], \quad \{\lambda_a\} = \{n, \phi, \psi\}$$

A closed form analytical approximation can be obtained for sub-horizon modes. Only marginals and low moments are available analytically for super-horizon modes



Perturbative (Fokker-Planck)

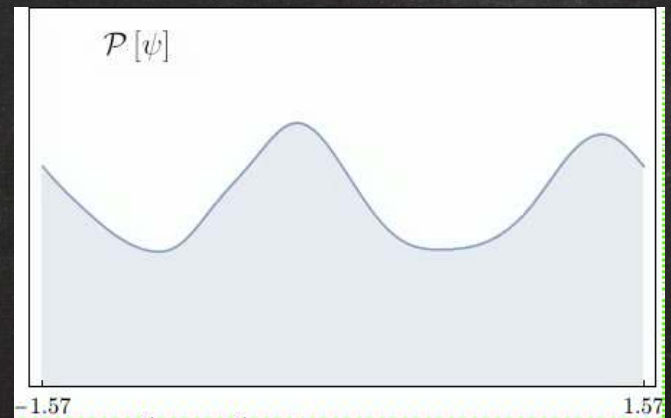
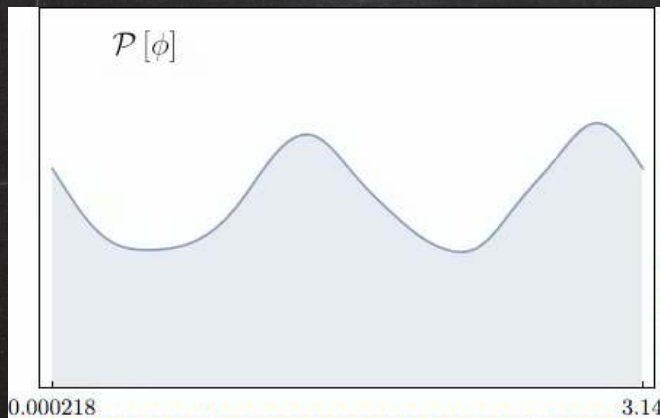
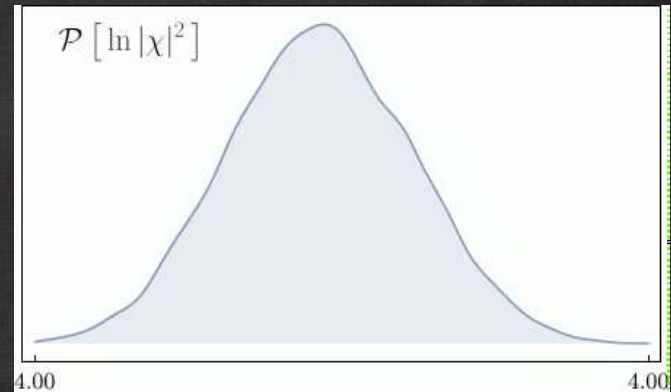
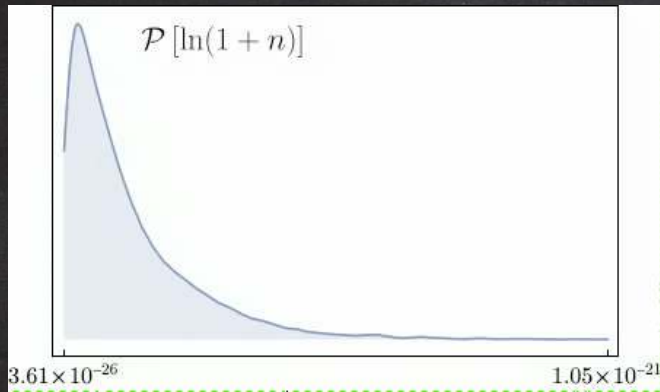


Non-perturbative (Backreaction)

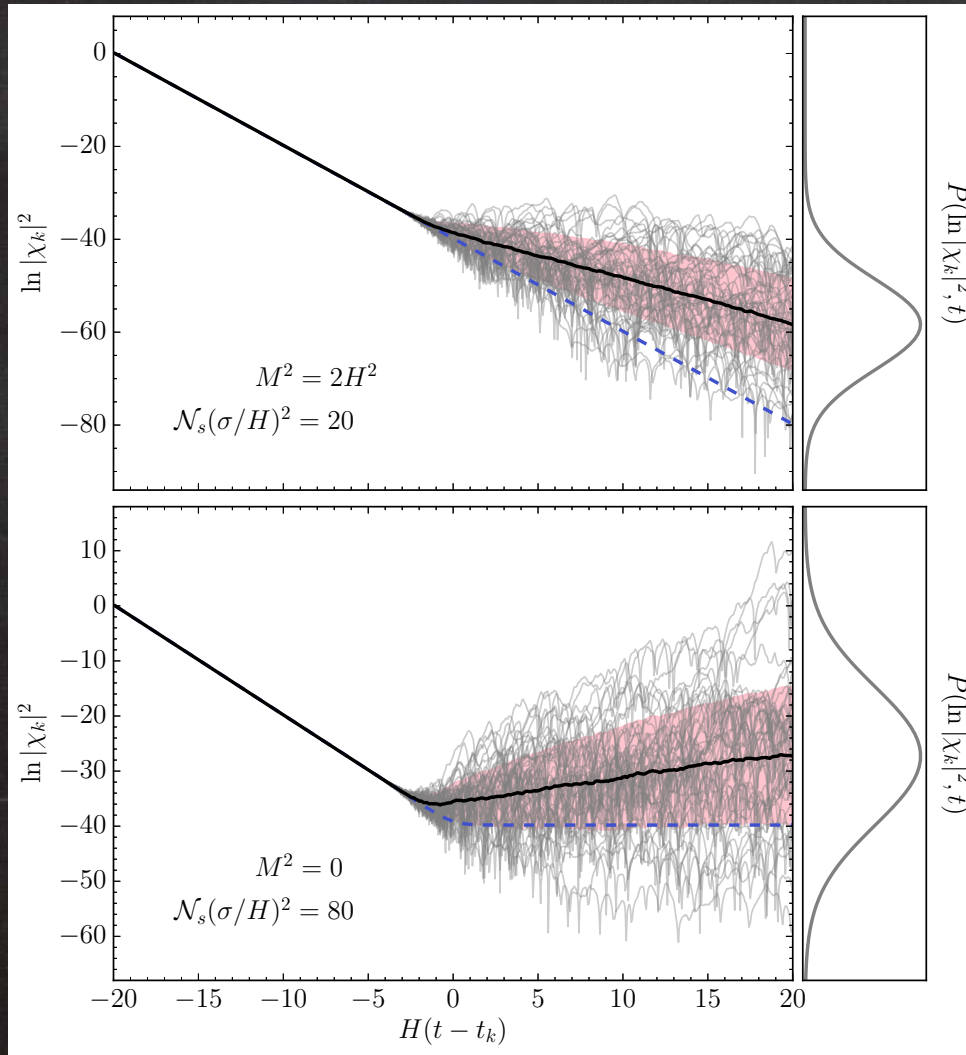
1. The strength of the non-adiabaticity is uniquely quantified by

$$\frac{N_s}{H\Delta t} \frac{\text{Var}[m_j]}{H^2} \equiv \mathcal{N}_s \frac{\sigma^2}{H^2}$$

2. Distributions



3. Inside the horizon the field is always near its vacuum state. Outside the horizon, the mean and variance grow linearly with cosmic time

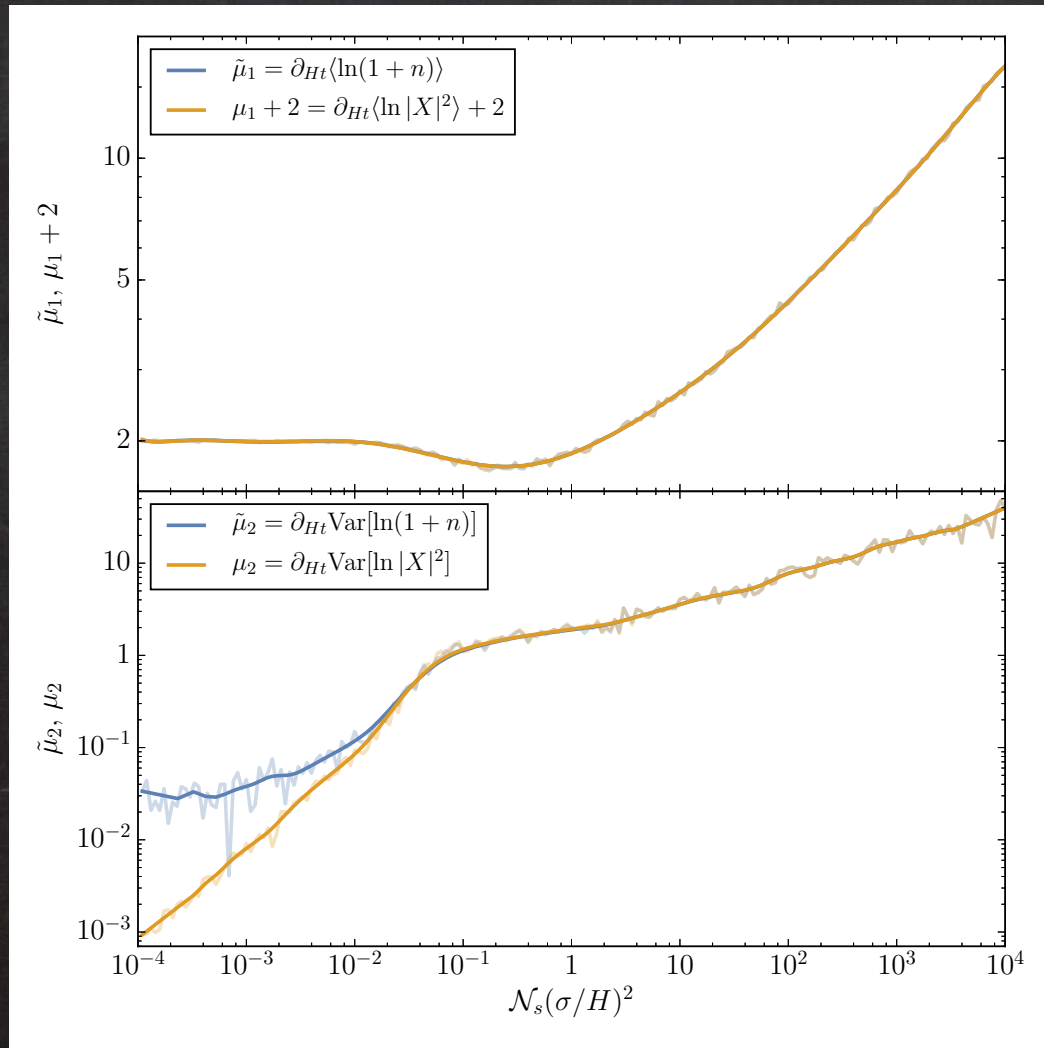


$$\partial_{Ht} \langle \ln |\chi_k|^2 \rangle = \mu_1 - 2$$

$$\partial_{Ht} \text{Var} [\ln |\chi_k|^2] = \mu_2$$

3. Inside the horizon the field is always near its vacuum state. Outside the horizon, the mean and variance grow linearly with cosmic time

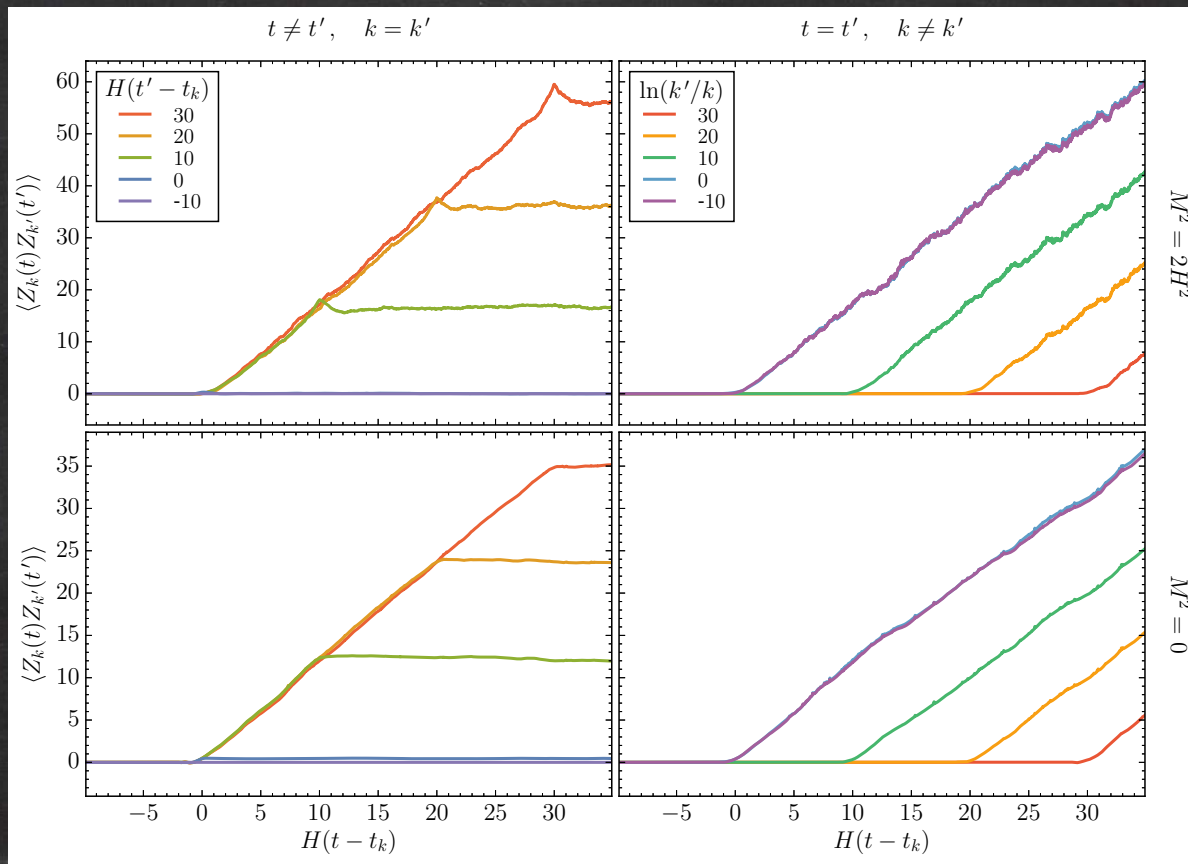
(conformal)



$$\partial_{Ht} \langle \ln |\chi_k|^2 \rangle = \mu_1 - 2$$

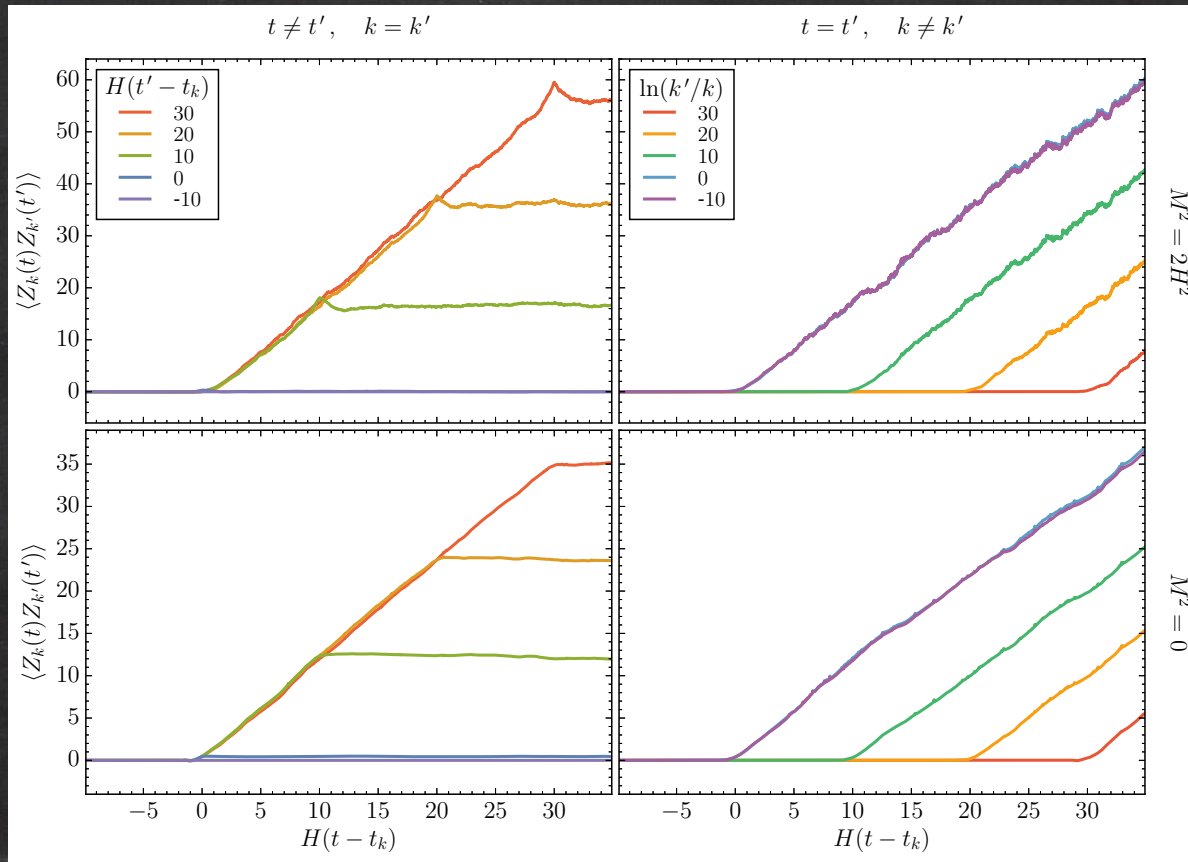
$$\partial_{Ht} \text{Var} [\ln |\chi_k|^2] = \mu_2$$

3. The two-point function for  $Z_k(t) \equiv \ln |\chi_k|^2 - \langle \ln |\chi_k|^2 \rangle$



$$\langle Z_k(t) Z_{k'}(t') \rangle \simeq \mu_2 H \min[t - t_k, t - t_{k'}, t' - t_k, t' - t_{k'}]$$

3. The two-point function for  $Z_k(t) \equiv \ln |\chi_k|^2 - \langle \ln |\chi_k|^2 \rangle$



implies that  $|\chi_k|^2$  performs a **geometric (Brownian) random walk** outside the horizon

## Caveats:

- Fokker-Planck gets you everything **1**-point *inside the horizon*
- Outside the horizon, FP only gives the mean rate  $\mu_1$  in the weak scattering limit, and the distribution of one of the phases.
- No way to derive analytically the **1**-point nor the N-point distribution of the field.
- Other expansion histories unexplored

## Ways forward:

- Random Matrix Theory?
- SDE approach?
- Higher spin?

The quasi-de Sitter Goldstone  $\pi$  couples to the spectator  $\chi$

$$\begin{aligned} \mathcal{S} &= \frac{1}{2} \int \sqrt{-g} d^4x \left[ c(t + \pi) \partial_\mu \pi \partial^\mu \pi + \partial_\mu \chi \partial^\mu \chi - (M^2 + m^2(t + \pi)) \chi^2 \right] \\ &= \frac{1}{2} \int \sqrt{-g} d^4x \left[ c(t) \partial_\mu \pi \partial^\mu \pi + \partial_\mu \chi \partial^\mu \chi - (M^2 + m^2(t)) \chi^2 - \frac{dm^2(t)}{dt} \chi^2 \pi + \dots \right] \end{aligned}$$

With  $\zeta \simeq H\pi$ , an enhancement to the curvature power spectrum results

$$\begin{aligned} \delta\Delta_\zeta^2(k) &= 4\pi^2 (\Delta_\zeta^2)^2 \frac{k^3}{H^6} \int d\tau' d\tau'' G_k(\tau, \tau') G_k(\tau, \tau'') a(\tau') a(\tau'') \frac{dm^2(\tau')}{d\tau'} \frac{dm^2(\tau'')}{d\tau''} \\ &\quad \times \int \frac{d^3\mathbf{p}}{(2\pi)^3} \chi_p^*(\tau') \chi_p(\tau'') \chi_{|\mathbf{p}-\mathbf{k}|}^*(\tau') \chi_{|\mathbf{p}-\mathbf{k}|}(\tau'') \end{aligned}$$

where  $\langle \zeta(\mathbf{k}) \zeta(\mathbf{k}') \rangle \equiv \frac{2\pi^2}{k^3} \Delta_\zeta^2(k) \delta^{(3)}(\mathbf{k} + \mathbf{k}')$



Given the Dirac-delta form of the effective mass, and the lognormality of the field,

$$\langle |\chi_{k_1}(t_1)|^2 \cdots |\chi_{k_n}(t_n)|^2 \rangle = \exp \left[ \sum_{i=1}^n \langle \ln |\chi_{k_i}(t_i)|^2 \rangle + \frac{1}{2} \sum_{i,j=1}^n \langle Z_{k_i}(t_i) Z_{k_j}(t_j) \rangle \right]$$

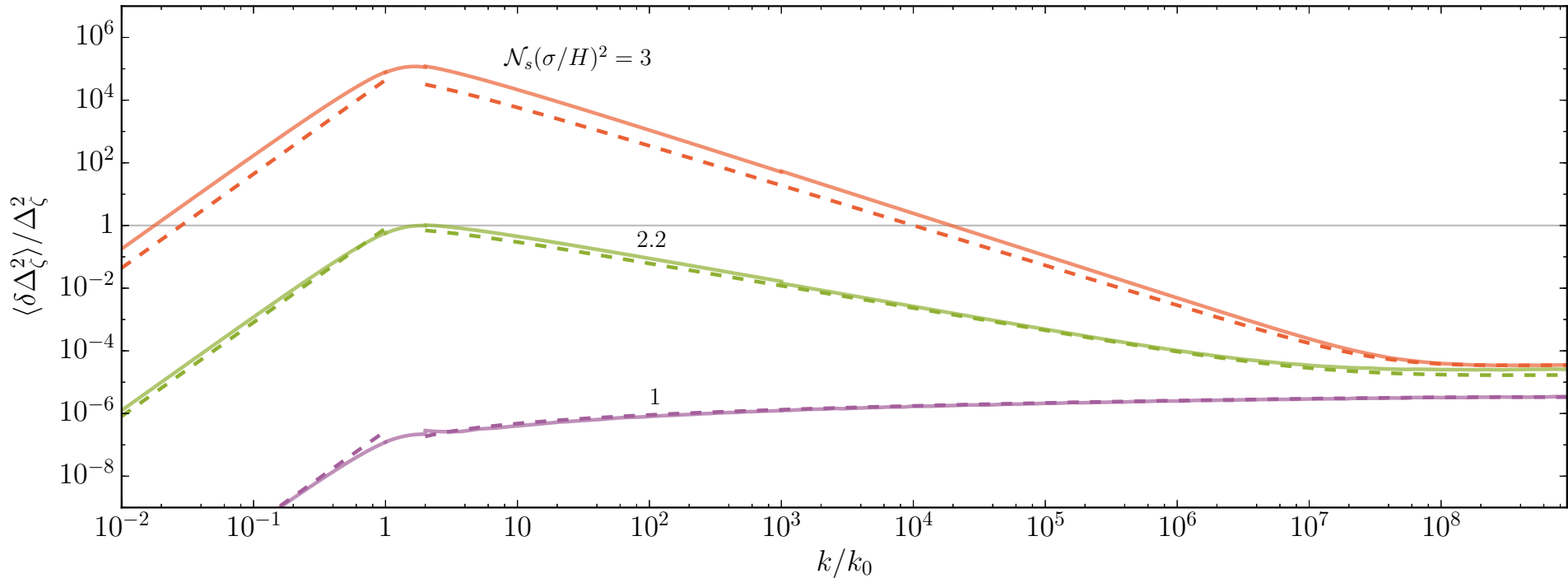
we can compute moments:

$$\begin{aligned} \langle \delta \Delta_\zeta^2(k) \rangle &= 4\pi^2 (\Delta_\zeta^2)^2 \frac{k^3 \sigma^2}{H^6} \sum_i \mathcal{G}_k(\tau, \tau') \int \frac{d^3 \mathbf{p}}{(2\pi)^3} f(p, |\mathbf{p} - \mathbf{k}|) \langle |\chi_p(\tau_i)|^2 |\chi_{|\mathbf{p}-\mathbf{k}|}(\tau_i)|^2 \rangle \\ &= \frac{16\pi^3}{9} (\Delta_\zeta^2)^2 \mathcal{N}_s \left( \frac{\sigma}{H} \right)^2 F \left[ k, k_0, N_{\text{tot}}, \mathcal{N}_s \left( \frac{\sigma}{H} \right)^2 \right] \end{aligned}$$

(when scatterings begin)

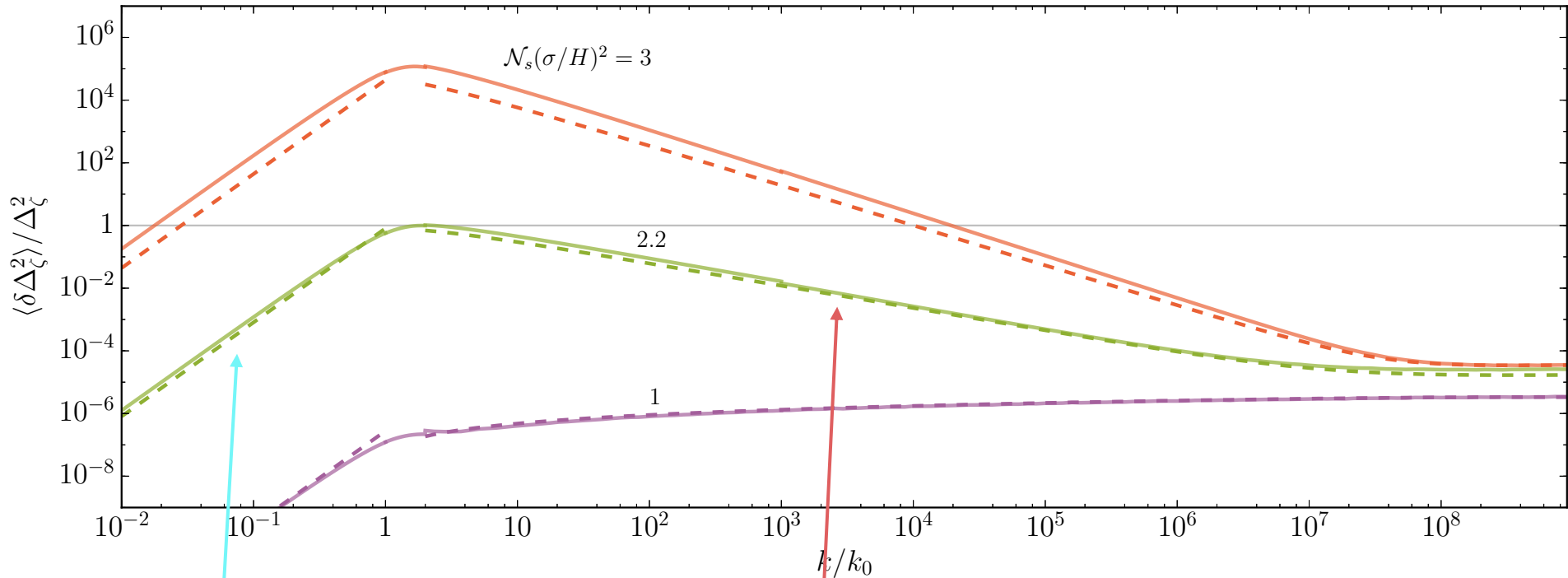
(e-fold duration of scatterings)

The correction overcomes the  $(\Delta_\zeta^2)^2$  suppression for  $\mathcal{N}_s \left(\frac{\sigma}{H}\right)^2 \gtrsim \mathcal{O}(1)$



(conformal,  $N_{\text{tot}} = 20$ )

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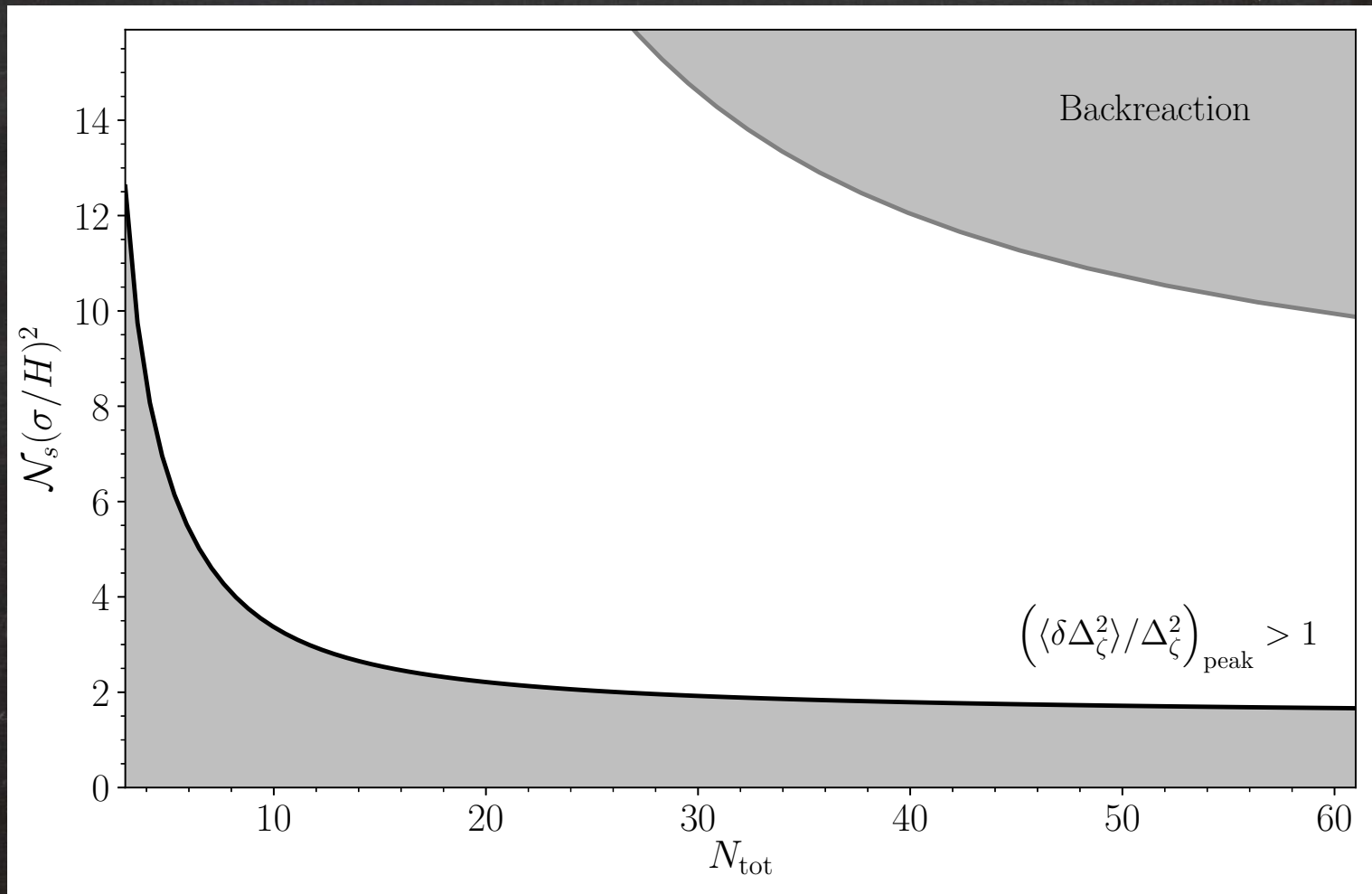


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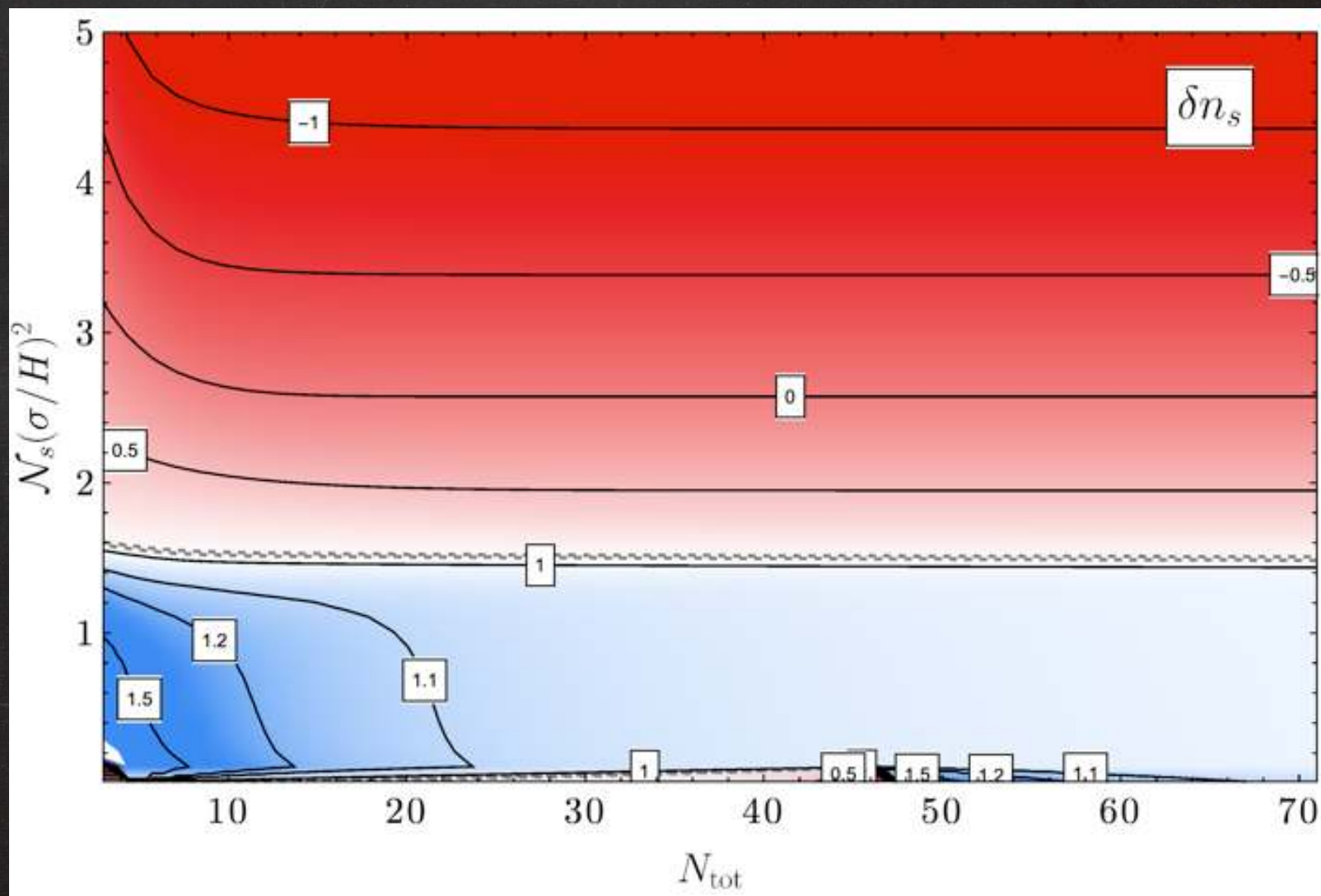
$$\delta n_s \simeq 4$$

$$n_s \simeq f \left[ N_{\text{tot}}, \mathcal{N}_s \left( \frac{\sigma}{H} \right)^2 \right]$$

Available parameter space:



Tilt correction:



More caveats:

- The power spectrum calculation is very technical. An order of magnitude estimate is not available
- How to proceed then with the N-point function?
- Lognormality of  $\chi$  may lead to a heavily skewed distribution for  $\pi$ . How representative of the typical member of the ensemble is the mean?
- Unclear how important dissipation effects ( $\pi \rightarrow \chi$ ) are
- Reliance on “adiabatic regularization”
- Interpretation of the “feature” in the power spectrum
- Gravitational waves?