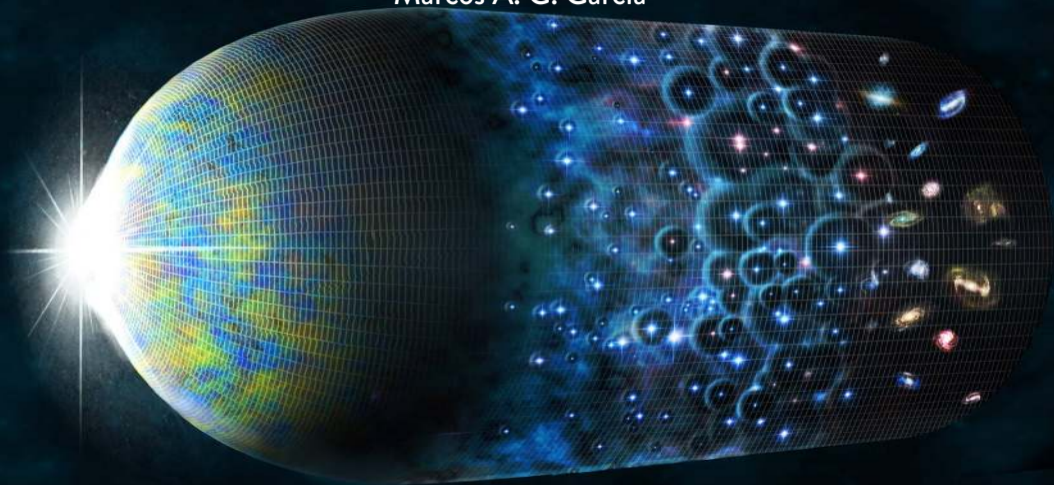


Marcos A. G. García



A theory of (almost) everything?

1. No-Scale Inflation



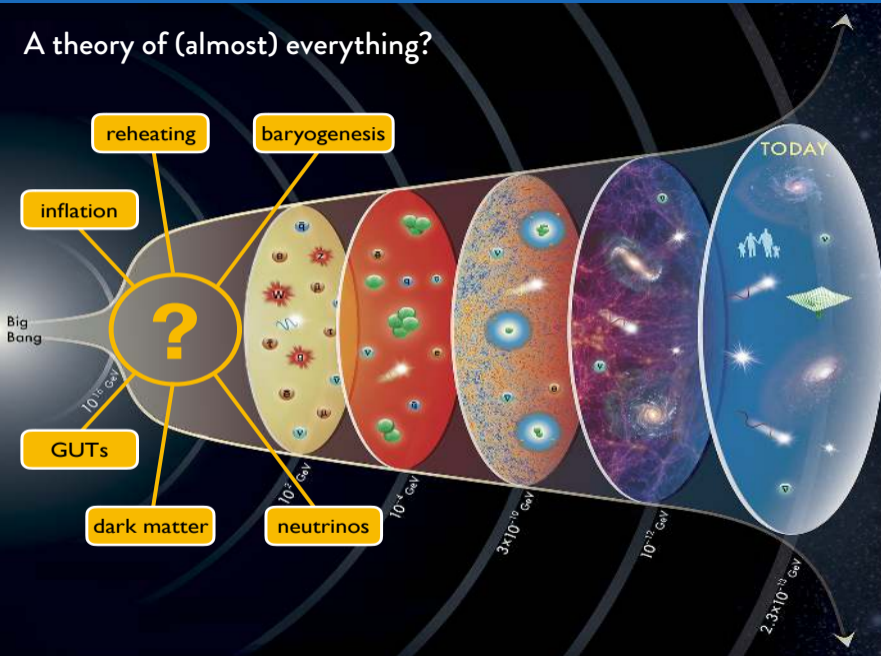
2. Flipped cosmology



3. Heavy gravitinos



4. Preheating



1. No-Scale Inflation



2. Flipped cosmology



3. Heavy gravitinos



4. Preheating



Inflating spacetime

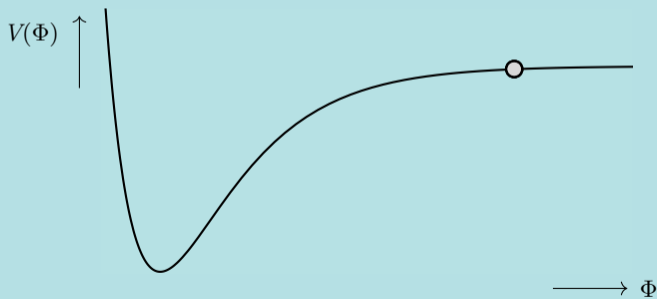
Simplest incarnation: a slowly rolling scalar field in FRW spacetime, $ds^2 = dt^2 - a(t)^2 d\mathbf{x}^2$

$$\ddot{\Phi} + 3H\dot{\Phi} + V'(\Phi) = 0$$

$$H \equiv \frac{\dot{a}}{a} = \left(\frac{\rho_{\Phi}}{3M_P^2} \right)^{1/2} \quad \text{with}$$

$$\rho_{\Phi} = \frac{1}{2}\dot{\Phi}^2 + V(\Phi)$$

$$P_{\Phi} = \frac{1}{2}\dot{\Phi}^2 - V(\Phi)$$



When inflation ends, reheating begins

1. No-Scale Inflation



2. Flipped cosmology



3. Heavy gravitinos

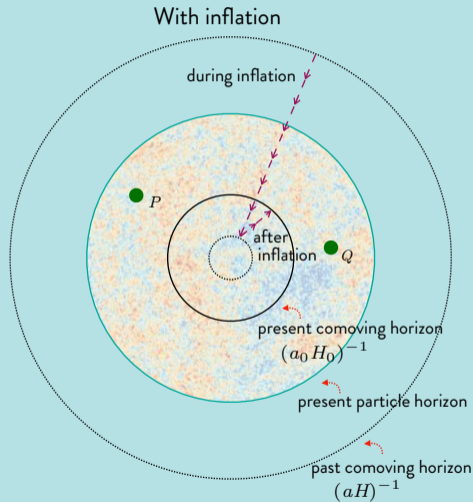
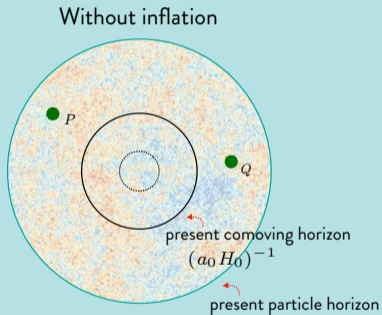


4. Preheating



The horizon problem

$$\Delta T/T \sim 10^{-5} \text{ in the CMB}$$



Credit: Héctor Ramírez

1. No-Scale Inflation



2. Flipped cosmology



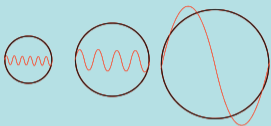
3. Heavy gravitinos



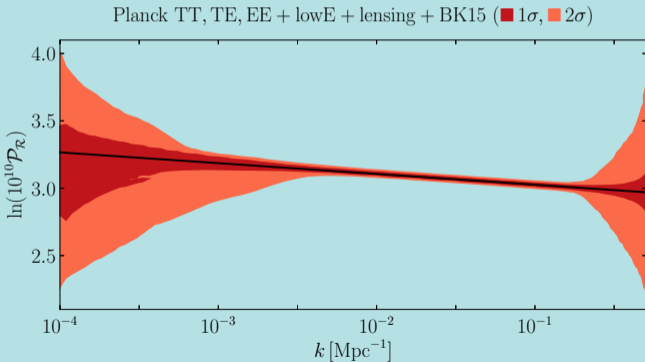
4. Preheating



The primordial fluctuations



Quantum fluctuations in Φ , g , are stretched by expansion



Y. Akrami et al. [Planck], *Astron. Astrophys.* 641 (2020) A10

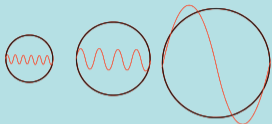
$$\mathcal{P}_{\mathcal{R}} = \frac{H_*^4}{4\pi^2 \dot{\Phi}_*^2} \left(\frac{k}{aH} \right)^{n_s - 1}$$

$$\mathcal{P}_{\mathcal{T}} = \frac{2H_*^2}{\pi^2} \left(\frac{k}{aH} \right)^{n_T}$$

1. No-Scale Inflation



The primordial fluctuations



Quantum fluctuations in Φ, g , are stretched by expansion

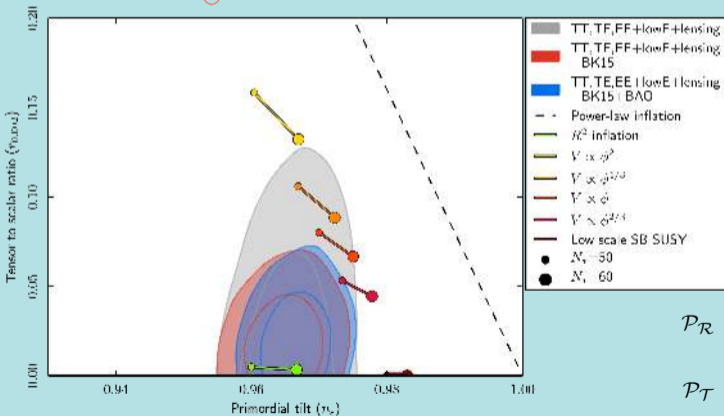
2. Flipped cosmology



3. Heavy gravitinos



4. Preheating



$$\mathcal{P}_{\mathcal{R}} = \frac{H_*^4}{4\pi^2 \dot{\Phi}_*^2} \left(\frac{k}{aH} \right)^{n_s-1}$$

$$\mathcal{P}_{\mathcal{T}} = \frac{2H_*^2}{\pi^2} \left(\frac{k}{aH} \right)^{n_T}$$

1. No-Scale Inflation



R^2 inflation

Non-minimal GR (singularity-free cosmology)

$$\mathcal{S} = \frac{1}{2} \int d^4x \sqrt{-g} \left(-R + \frac{R^2}{6m^2} \right)$$

Scalar is hidden! ($\tilde{g} \rightarrow \Omega(\phi)g$)

$$\mathcal{S} = \frac{1}{2} \int d^4x \sqrt{-\tilde{g}} \left[-\tilde{R} + (\partial_\mu \phi)^2 - \frac{3}{2} m^2 \left(1 - e^{\sqrt{2/3}\phi} \right)^2 \right]$$

? $\mathcal{P}_{\mathcal{R}}$ requires $m \simeq 10^{-5}$. What is ϕ then?

? Inflaton traverses trans-Planckian distances: radiative corrections

A cry for supersymmetry?

2. Flipped cosmology



3. Heavy gravitinos



4. Preheating



1. No-Scale Inflation



2. Flipped cosmology



3. Heavy gravitinos



4. Preheating



The only good (super)symmetries are local

✓ Supersymmetry $\rightarrow \phi$ can be light:



✓ Local supersymmetry = supersymmetry + gravity = Supergravity

✓ Couplings determined by just 3 functions!

- The real Kähler potential $K(\Phi, \bar{\Phi})$
- The gauge kinetic function $f_{ab}(\Phi)$
- The holomorphic superpotential $W(\Phi)$

✗ Problems for inflation

$$V = e^K \left[(K^{-1})^j_i (K^i W + W^i)(K_j \bar{W} + \bar{W}_j) - 3|W|^2 \right]$$

\rightarrow too steep

$\rightarrow -\mathcal{O}(m_{3/2}^2 M_P^2)$ AdS “holes”

1. No-Scale Inflation



2. Flipped cosmology



3. Heavy gravitinos

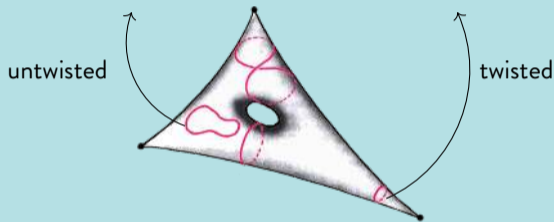


4. Preheating



No-Scale Inflation

$$K = -3 \ln \left[T + \bar{T} - \frac{1}{3} \sum_i |\phi_i|^2 \right] + \sum_a \frac{|\varphi_a|^2}{(T + \bar{T})^{n_a}}$$



string orbifold compactification

1. No-Scale Inflation



No-Scale Inflation

$$K = -3 \ln \left[T + \bar{T} - \frac{1}{3} \sum_i |\phi_i|^2 \right] + \sum_a \frac{|\varphi_a|^2}{(T + \bar{T})^{n_a}}$$



Pure SU(N,1)/SU(N) x U(1)

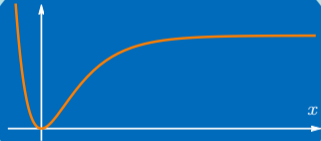
$$W = \sqrt{3}m\phi(T - 1/2)$$

$$\text{Re } T = \frac{1}{2} e^{\sqrt{2/3}x}$$

$$W = m \left(\frac{\phi^2}{2} - \frac{\phi^3}{3\sqrt{3}} \right)$$

$$\phi = \sqrt{3} \tanh(x/\sqrt{6})$$

$$V = e^{2K/3} |W^i|^2$$



$$W = \sqrt{3}m\phi \left(1 + \phi/\sqrt{3} \right) (T - 1/2)$$

$$\phi = \sqrt{3} \tanh(x/\sqrt{6})$$

S. Cecotti, PLB 190 (1987), 86

J. Ellis, D. Nanopoulos, K. Olive, PRL 111 (2013) 111301

2. Flipped cosmology



3. Heavy gravitinos



4. Preheating



1. No-Scale Inflation



2. Flipped cosmology



3. Heavy gravitinos



4. Preheating



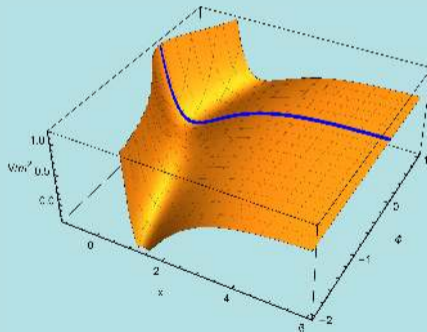
No-Scale Inflation

$$K = -3 \ln \left[T + \bar{T} - \frac{1}{3} \sum_i |\phi_i|^2 \right] + \sum_a \frac{|\varphi_a|^2}{(T + \bar{T})^{n_a}}$$

$$W = \sqrt{3} m \phi (T - 1/2)$$

$$\text{Re } T = \frac{1}{2} e^{\sqrt{2/3} x}$$

Pure $SU(N,1)/SU(N) \times U(1)$



need for moduli stabilization

S. Cecotti, PLB 190 (1987), 86

J. Ellis, D. Nanopoulos, K. Olive, PRL 111 (2013) 111301

1. No-Scale Inflation



No-Scale Inflation

$$K = -3 \ln \left[T + \bar{T} - \frac{1}{3} \sum_i |\phi_i|^2 \right] + \underbrace{\sum_a \frac{|\varphi_a|^2}{(T + \bar{T})^{n_a}}}_{n_a = 3 \text{ twisted matter}}$$

2. Flipped cosmology



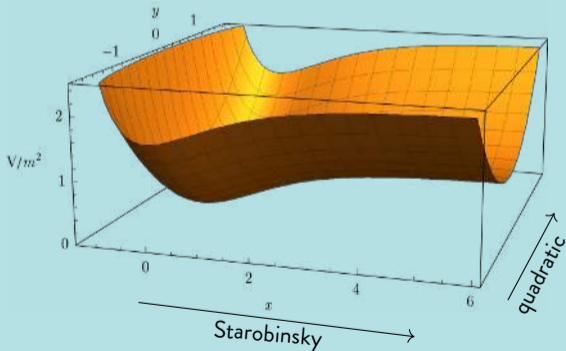
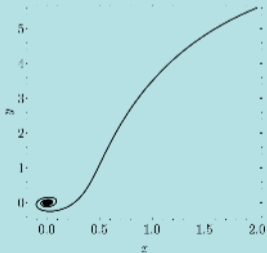
$$W = \sqrt{3} m \varphi (T - 1/2)$$

$$\text{Re } T = \frac{1}{2} e^{\sqrt{2/3} x} + \frac{i}{\sqrt{6}} y$$

3. Heavy gravitinos



4. Preheating



1. No-Scale Inflation



2. Flipped cosmology



3. Heavy gravitinos



4. Preheating



String-inspired GUT embeddings: flipped $SU(5) \times U(1)$

'Regular' $SU(5)$	Flipped $SU(5) \times U(1)$
$\Psi_i = \mathbf{10}_i \ni \{u^c, Q, e^c\}_i$ $\Phi_i = \bar{\mathbf{5}}_i \ni \{d^c, L\}_i$ $\nu_i^c = \mathbf{1}_i$ $\Sigma = \mathbf{24}$ $h = \mathbf{5}$ $\bar{h} = \bar{\mathbf{5}}$	$F_i = (\mathbf{10}, 1)_i \ni \{d^c, Q, \nu^c\}_i,$ $\bar{f}_i = (\bar{\mathbf{5}}, -3)_i \ni \{u^c, L\}_i,$ $\ell_i^c = (\mathbf{1}, 5)_i \ni \{e^c\}_i,$ $H = (\mathbf{10}, 1),$ $\bar{H} = (\bar{\mathbf{10}}, -1),$ $h = (\mathbf{5}, -2),$ $\bar{h} = (\bar{\mathbf{5}}, 2)$
$SU(5) \xrightarrow{\Sigma} SU(3)_C \times SU(2)_L \times U(1)_Y$ $\xrightarrow{h} SU(3)_C \times U(1)_{EM}$	$SU(5) \times U(1)_X \xrightarrow{H} SU(3)_C \times SU(2)_L \times U(1)_Y$ $\xrightarrow{h} SU(3)_C \times U(1)_{EM}$
$Y = T_{24} = \frac{1}{\sqrt{60}} \text{diag}(2, 2, 2, -3, -3)$	$Y = \frac{1}{\sqrt{15}} T_{24} + \frac{1}{5} Q_X$

S. Barr, PLB 112 (1982) 219; J. Derendinger, J. Kim, D. Nanopoulos, PLB 139 (1984) 170

I. Antoniadis, J. Ellis, J. Hagelin, D. Nanopoulos, PLB 208 (1988) 209

1. No-Scale Inflation



2. Flipped cosmology



3. Heavy gravitinos



4. Preheating



Flipped phenomenology

Superpotential

$$W = \lambda_1^{ij} F_i F_j h + \lambda_2^{ij} F_i \bar{f}_j \bar{h} + \lambda_3^{ij} \bar{f}_i \ell_j^c h + \lambda_4 H H h + \lambda_5 \bar{H} \bar{H} \bar{h} \\ + \lambda_6^{ia} F_i \bar{H} \phi_a + \lambda_7^a h \bar{h} \phi_a + \lambda_8^{abc} \phi_a \phi_b \phi_c + \mu^{ab} \phi_a \phi_b$$

(Partial) Yukawa unification / μ -term

$$W_{\text{GUT}} = y_u h_u Q \bar{u} + y_\nu h_\nu L \nu^c - y_d h_d Q \bar{d} - y_e h_d L \bar{e} + \mu h_u h_d$$

$\swarrow \quad \nearrow$
 $\lambda_2 @ M_{\text{GUT}}$

\uparrow
 $\lambda_7^a \langle \phi_a \rangle$

\mathbb{Z}_2 in H : doublet-triplet Higgs splitting

$$H H h \xrightarrow{\text{GUT}} \langle \nu_H^c \rangle d_H^c h_3; \quad \text{not for } h_{u,d}$$

1. No-Scale Inflation



2. Flipped cosmology



3. Heavy gravitinos



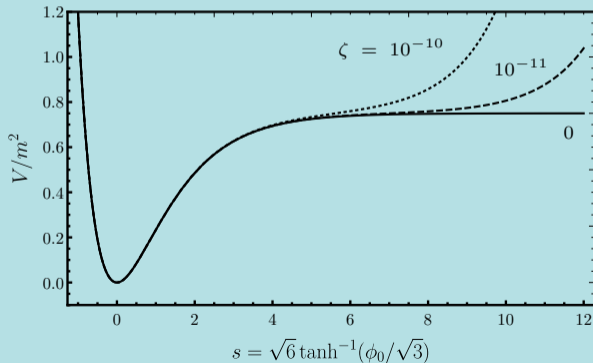
4. Preheating



Flipped No-Scale Inflation

Strongly segregated inflaton sector, $\lambda_8^{0ij} \lesssim \mu^{ij}$

$$V = \frac{3}{4}m^2 \left(1 - e^{-\sqrt{2/3}s}\right)^2 + \frac{81}{16}\zeta m e^{\sqrt{2/3}s}, \quad \zeta = \sum_i \mu_{ii}^{-1} (\lambda_8^{00i})^2 + \text{h.c.}$$



1. No-Scale Inflation



2. Flipped cosmology



3. Heavy gravitinos

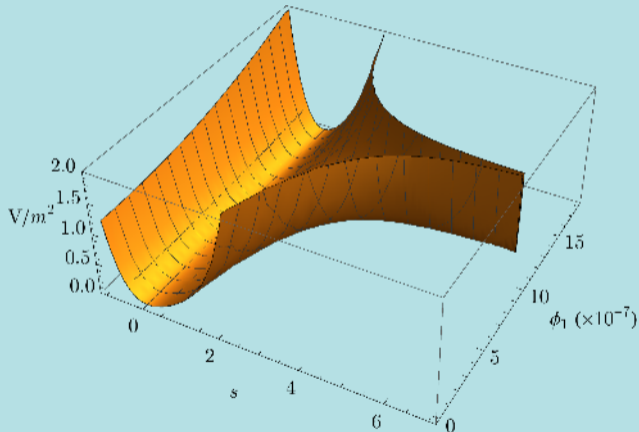


4. Preheating



Flipped No-Scale Inflation

Random parameter scan $\mu^{ij} \sim (0.1 - 0.8)M_{\text{GUT}}$, $\lambda_8^{0ij}, \lambda_8^{ijk} \sim \pm(0.1 - 1)$



Inflation OK, but mixing during reheating

1. No-Scale Inflation



2. Flipped cosmology



3. Heavy gravitinos



4. Preheating



The GUT phase transition

$SU(5) \times U(1)$ must be broken *after* inflation

$$V = \left(\frac{3g_5^2}{10} + \frac{g_X^2}{80} \right) \underbrace{(|\tilde{\nu}_H^c|^2 - |\tilde{\nu}_H^c|^2)^2}_{\text{GUT broken along flat-direction}} + \frac{1}{8} m^2 e^{\sqrt{2/3}s} |\tilde{\nu}_H^c|^2 + \dots$$

GUT broken along flat-direction

$$\langle \tilde{\nu}_H^c \rangle = \langle \tilde{\nu}_H^c \rangle \equiv \Phi$$

1. No-Scale Inflation



2. Flipped cosmology



3. Heavy gravitinos



4. Preheating



The GUT phase transition

$SU(5) \times U(1)$ must be broken *after* inflation

$$V = \left(\frac{3g_5^2}{10} + \frac{g_X^2}{80} \right) \underbrace{(|\tilde{\nu}_H^c|^2 - |\tilde{\nu}_H^c|^2)^2}_{\text{GUT broken along flat-direction}} + \frac{1}{8} m^2 e^{\sqrt{2/3}s} |\tilde{\nu}_H^c|^2 + \dots$$

GUT broken along flat-direction

$$\langle \tilde{\nu}_H^c \rangle = \langle \tilde{\nu}_H^c \rangle \equiv \Phi$$

Asymptotic freedom of $SU(5)$ takes care of this!

$$g^2(\Lambda_c)(C_c - C_1 - C_2) \simeq 4$$



$$\Lambda_c \sim 10^8 - 10^{14} \text{ GeV}$$



condensates decouple



1. No-Scale Inflation



2. Flipped cosmology



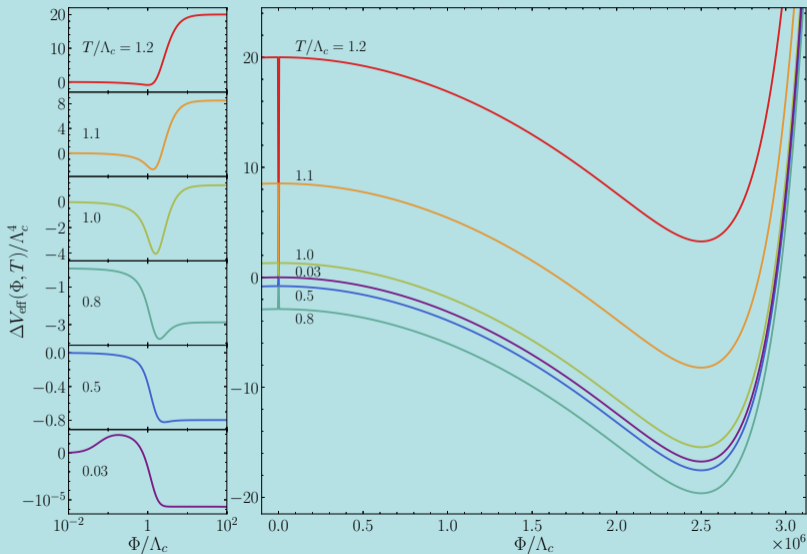
3. Heavy gravitinos



4. Preheating



The GUT phase transition



1. No-Scale Inflation



2. Flipped cosmology



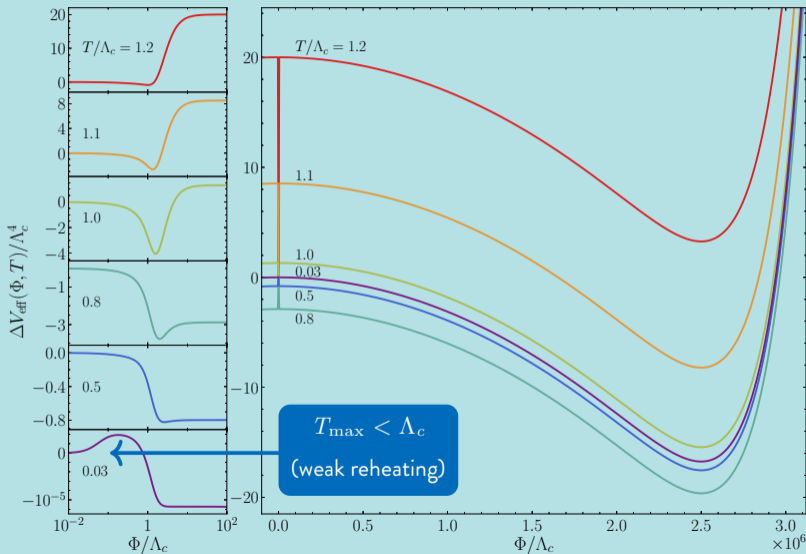
3. Heavy gravitinos



4. Preheating



The GUT phase transition



1. No-Scale Inflation



2. Flipped cosmology



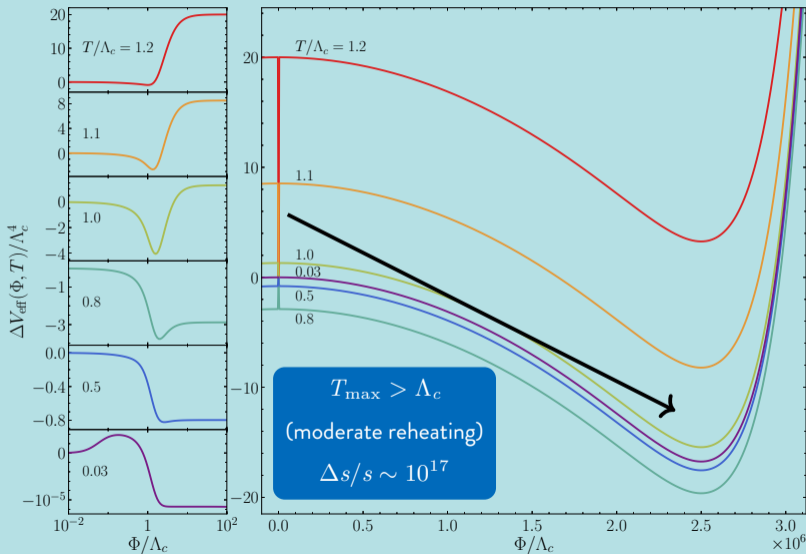
3. Heavy gravitinos



4. Preheating



The GUT phase transition



1. No-Scale Inflation



2. Flipped cosmology



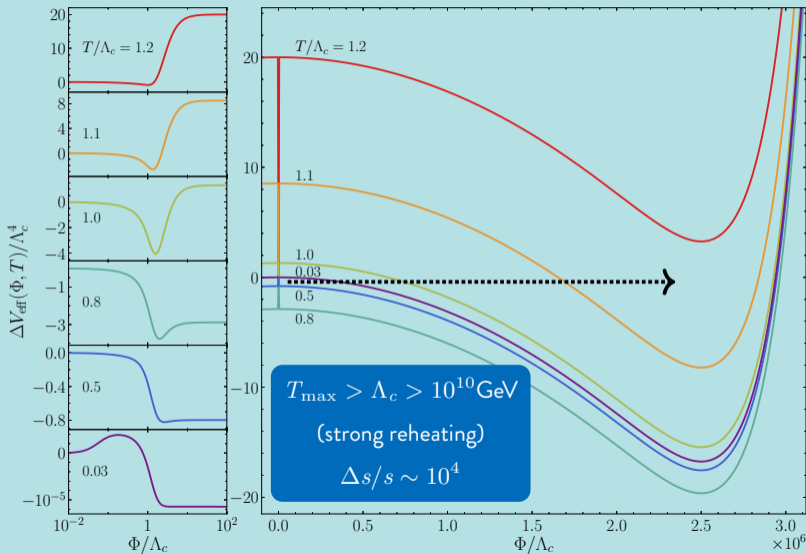
3. Heavy gravitinos



4. Preheating



The GUT phase transition



1. No-Scale Inflation



2. Flipped cosmology



3. Heavy gravitinos



4. Preheating



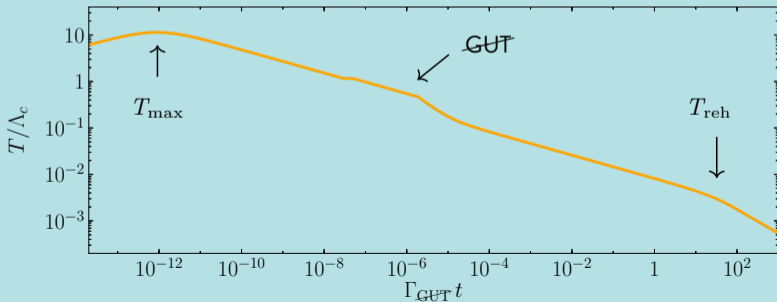
Flipped reheating

Unbroken $SU(5) \times U(1)$:

$$\Gamma(\phi_0 \rightarrow F_i \bar{H}) \simeq 10 \times \frac{|\lambda_6^{i0}|^2}{8\pi} \left(1 - \frac{\Phi^2}{m^2}\right) m$$

Broken $SU(5) \times U(1)$:

$$\Gamma(\phi_0 \rightarrow \nu_i^c \Phi) \simeq \frac{|\lambda_6^{i0}|^2}{16\pi} m$$



1. No-Scale Inflation



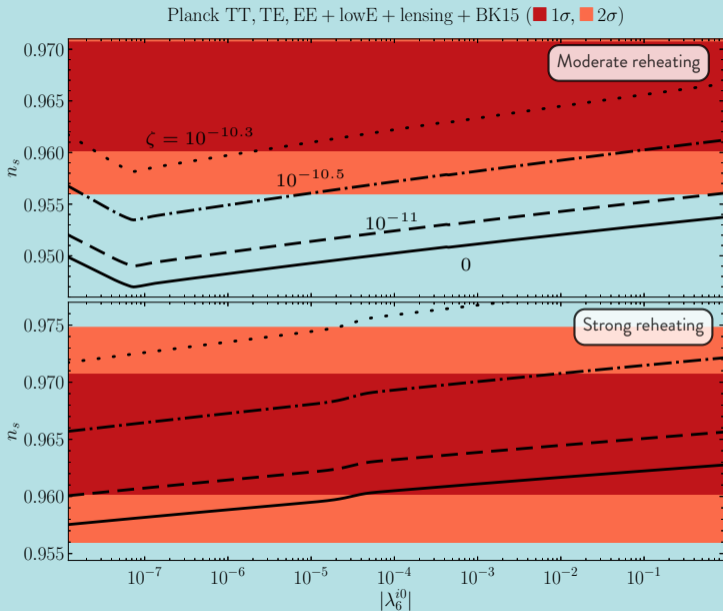
2. Flipped cosmology



3. Heavy gravitinos



4. Preheating



1. No-Scale Inflation



2. Flipped cosmology



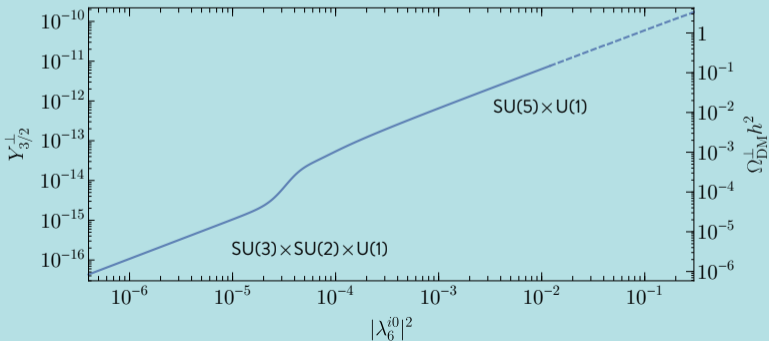
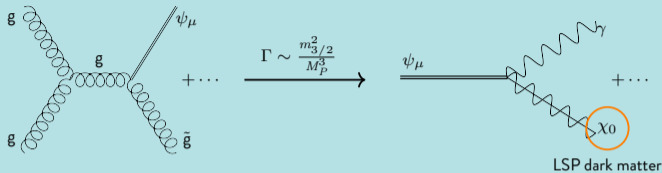
3. Heavy gravitinos



4. Preheating



Flipped gravitinos



1. No-Scale Inflation



2. Flipped cosmology



3. Heavy gravitinos



4. Preheating



λ_6 also controls neutrino masses...

$$\mathcal{L}_{\text{mass}}^{(\nu)} = -\frac{1}{2} \begin{pmatrix} \nu_i & \nu_i^c & \tilde{\phi}_i \end{pmatrix} \begin{pmatrix} 0 & \lambda_2^{ij} \langle \bar{h}_0 \rangle & 0 \\ \lambda_2^{Tij} \langle \bar{h}_0 \rangle & 0 & \lambda_6^{ij} \langle \tilde{\nu}_H^c \rangle \\ 0 & \lambda_6^{Tij} \langle \tilde{\nu}_H^c \rangle & 2\mu^{ij} \end{pmatrix} \begin{pmatrix} \nu_j \\ \nu_j^c \\ \tilde{\phi}_j \end{pmatrix} + \text{h.c.}$$

$$\Downarrow \tilde{\phi}_i = \tilde{\phi}_0$$

$$m_{\nu_i} \simeq \frac{m |\lambda_2^{ii} \langle \bar{h}_0 \rangle|^2}{|\lambda_6^{i0} \langle \tilde{\nu}_H^c \rangle|^2} \simeq \frac{m m_{u,c,t}^2}{|\lambda_6^{i0}|^2 M_{\text{GUT}}^2}$$

Random parameter scan $10^{-4} < |\lambda_6^{10}| < 1$

	Normal Ordering		Inverted Ordering	
	Best fit	3σ range	Best fit	3σ range
$\Delta m_{21}^2 [10^{-5} \text{ eV}^2]$	7.39	6.79 – 8.01	7.39	6.79 – 8.01
$\Delta m_{3\ell}^2 [10^{-3} \text{ eV}^2]$	2.525	2.431–2.622	-2.512	-(2.413–2.606)

1. No-Scale Inflation



2. Flipped cosmology



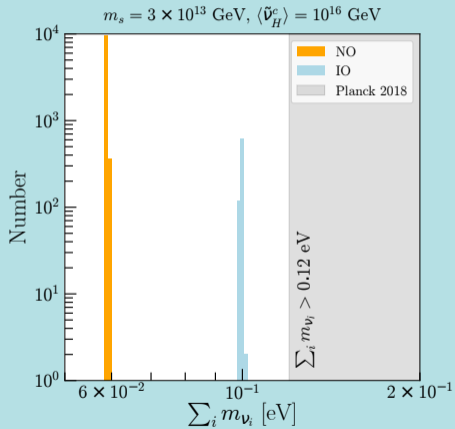
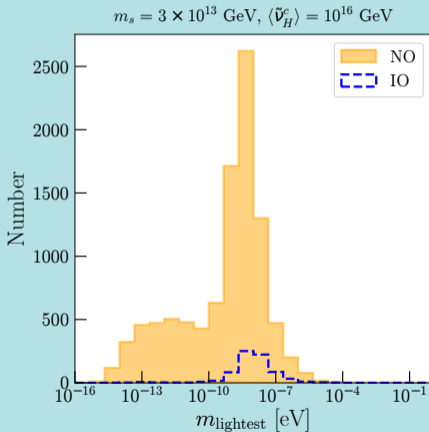
3. Heavy gravitinos



4. Preheating



λ_6 also controls neutrino masses...



1. No-Scale Inflation



2. Flipped cosmology



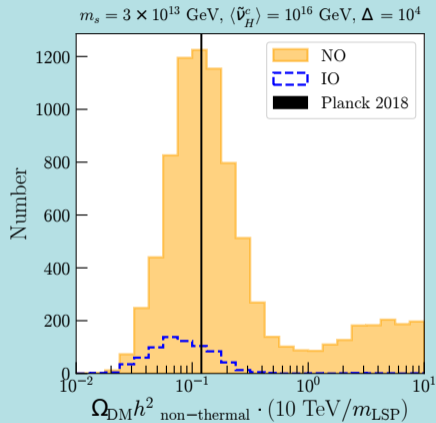
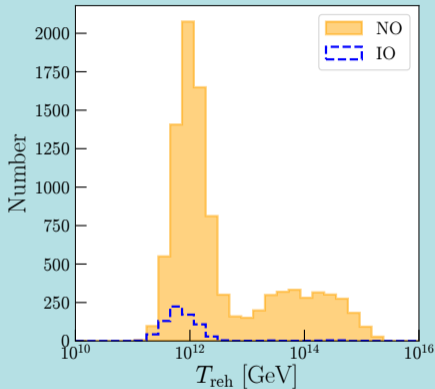
3. Heavy gravitinos



4. Preheating



... the dark matter abundance ...



1. No-Scale Inflation



2. Flipped cosmology



3. Heavy gravitinos



4. Preheating



... the matter-antimatter asymmetry ...

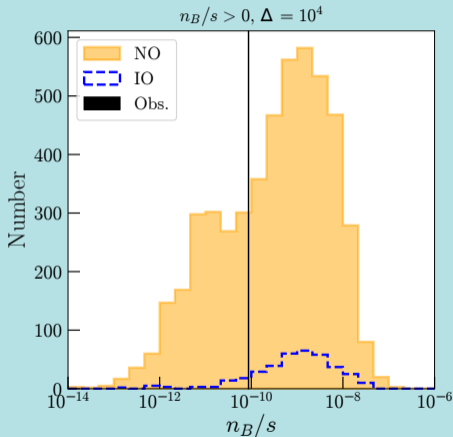
Out of equilibrium decay of ν_i^c

sphaleron conversion
in equilibrium at T_{reh}

$$\frac{n_B}{s} = -\frac{28}{79} \left(\frac{s}{\Delta s}\right) \frac{135\zeta(3)}{4\pi^4 g_{reh}} \sum_{i=1,2,3} \epsilon_i$$

Φ -dilution

$$\epsilon_i = \frac{\sum_{j \neq i} \text{Im} \left[\left(U_{\nu^c}^\dagger (\lambda_2^D)^2 U_{\nu^c} \right)_{ji}^2 \right]}{2\pi \left[U_{\nu^c}^\dagger (\lambda_2^D)^2 U_{\nu^c} \right]_{ii}} g \left(\frac{m_{\nu_j^c}^2}{m_{\nu_i^c}^2} \right)$$



1. No-Scale Inflation



2. Flipped cosmology



3. Heavy gravitinos

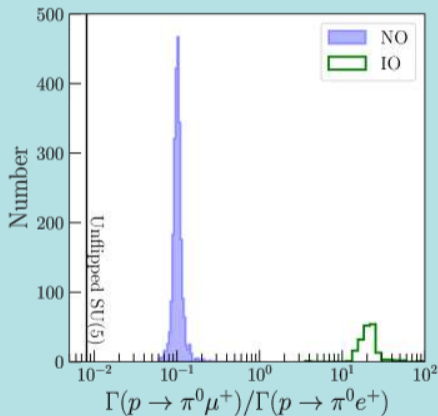


4. Preheating

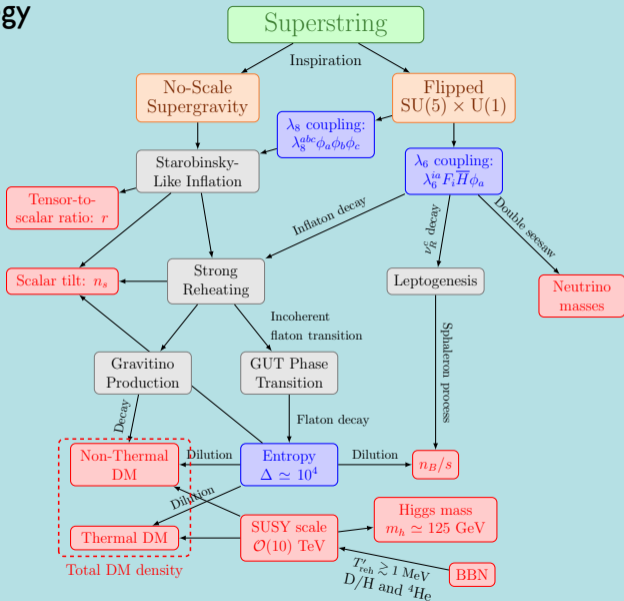


... and proton decay

$$\frac{\Gamma(p \rightarrow \pi^0 \mu^+)_{\text{flipped}}}{\Gamma(p \rightarrow \pi^0 e^+)_{\text{flipped}}} = \frac{(\langle \pi^0 | (ud)_R u_L | p \rangle_\mu)^2 |(U_l)_{21}|^2}{(\langle \pi^0 | (ud)_R u_L | p \rangle_e)^2 |(U_l)_{11}|^2}$$



Supercosmology



1. No-Scale Inflation



2. Flipped cosmology



3. Heavy gravitinos



4. Preheating



1. No-Scale Inflation



2. Flipped cosmology



3. Heavy gravitinos



4. Preheating



No-Scale susy breaking

Untwisted gravity mediation

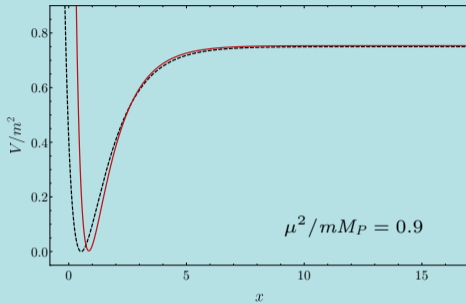
$$K = -3 \ln \left[T + \bar{T} - \frac{1}{3} \sum_i |\phi_i|^2 - \frac{1}{3} |z|^2 + \frac{|z|^4}{\Lambda^2} \right]$$

Twisted gravity mediation

$$K = -3 \ln \left[T + \bar{T} - \frac{1}{3} \sum_i |\phi_i|^2 \right] + |z|^2 - \frac{|z|^4}{\Lambda^2}$$

Featuring T -inflation

$$W = \sqrt{3} m \phi (T - 1/2) + \mu^2 (z + b)$$



$$\langle z \rangle \propto \Lambda^2, \quad m_{3/2} \simeq \frac{\mu^2}{\sqrt{3} M_P} \sim \text{EeV}$$

J. Ellis, MG, D. V. Nanopoulos, K. A. Olive, JCAP 10 (2015), 003

E. Dudas, T. Gherghetta, Y. Mambrini, K. A. Olive, PRD 96 (2017), 115032

1. No-Scale Inflation



2. Flipped cosmology



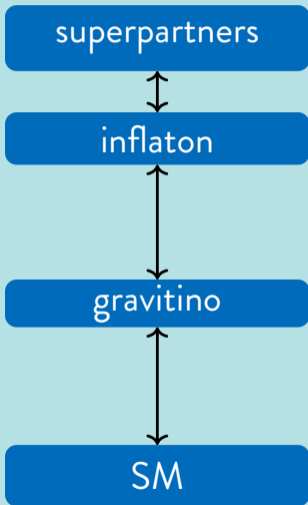
3. Heavy gravitinos



4. Preheating



High scale susy breaking



$$M_{\text{susy}} = \frac{F}{\Lambda_{\text{mess}}}, \quad \Lambda_{\text{mess}} \geq M_{\text{susy}}$$

$$m_{3/2} = \frac{F}{\sqrt{3}M_P} \gtrsim 0.1 \text{ EeV}$$

E. Dudas, Y. Mambrini, K. Olive, PRL 119 (2017), 051801

K. Benakli, Y. Chen, E. Dudas, Y. Mambrini, PRD 95 (2017), 095002

1. No-Scale Inflation



2. Flipped cosmology



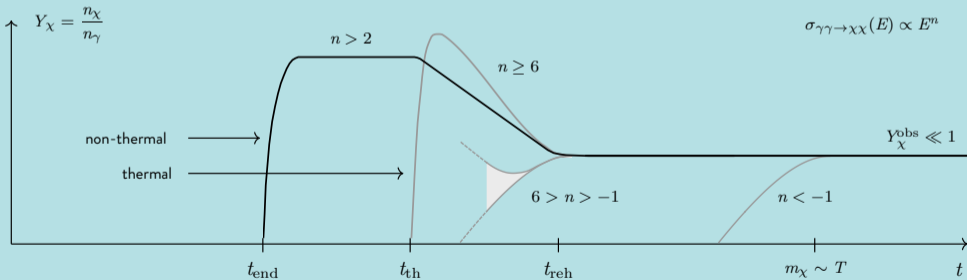
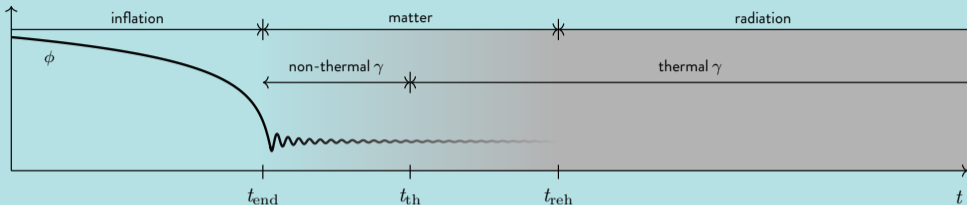
3. Heavy gravitinos



4. Preheating



Out-of-equilibrium Dark Matter Production



1. No-Scale Inflation



2. Flipped cosmology



3. Heavy gravitinos

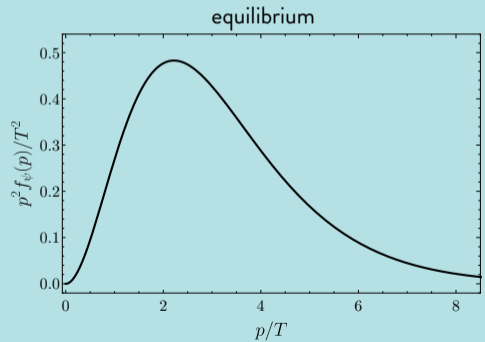
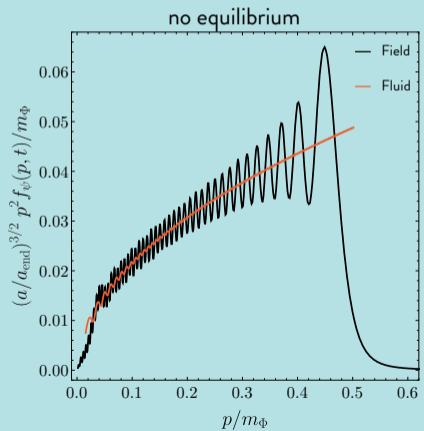


4. Preheating



The phase space distribution for $\phi \rightarrow \bar{\psi}\psi$

$$n_\psi = \int \frac{d^3\mathbf{p}}{(2\pi)^3} f_\psi(p, t)$$



1. No-Scale Inflation



2. Flipped cosmology



3. Heavy gravitinos



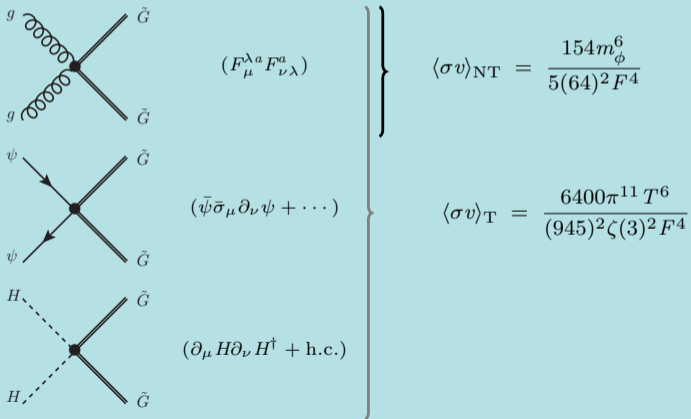
4. Preheating



A heavy gravitino

Leading-order universal Goldstino-matter interactions ($F = \sqrt{3}m_{3/2}M_P$):

$$\mathcal{L}_{2G} = \frac{i}{2F^2} (G\sigma^\mu\partial^\nu\bar{G} - \partial^\nu G\sigma^\mu\bar{G}) T_{\mu\nu}$$



1. No-Scale Inflation



2. Flipped cosmology



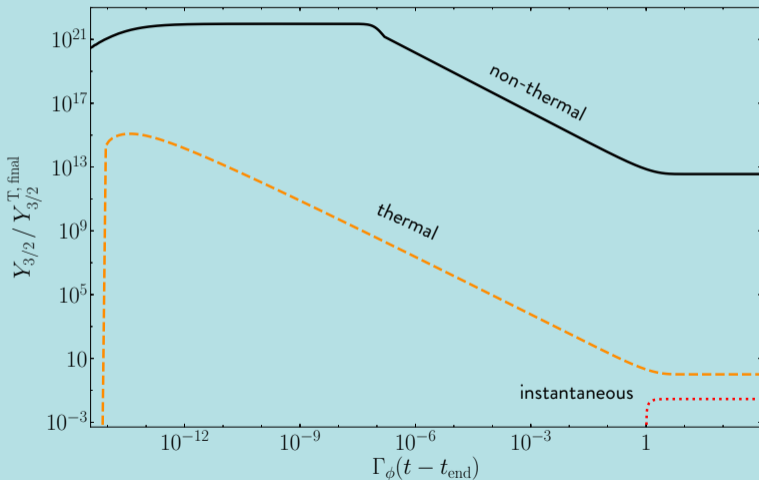
3. Heavy gravitinos



4. Preheating



A heavy gravitino



1. No-Scale Inflation



2. Flipped cosmology



3. Heavy gravitinos



4. Preheating

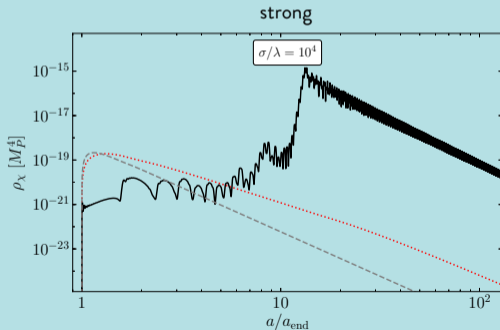
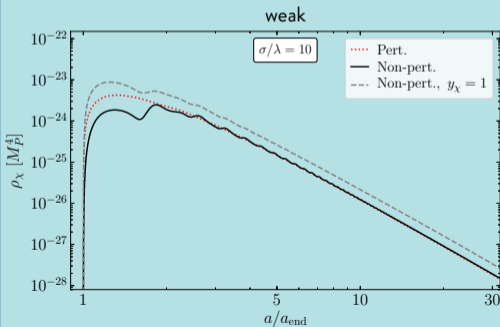


Freeze-in from preheating

Sensitivity to early times = sensitivity to *non-perturbative* dynamics

Scalar preheating

$$\mathcal{L} = \frac{1}{2}\sigma\phi^2\chi^2, \quad \Gamma_\chi = \frac{y_\chi^2}{8\pi}m_\chi$$



1. No-Scale Inflation



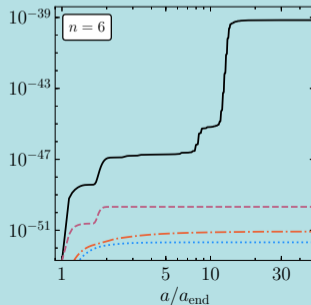
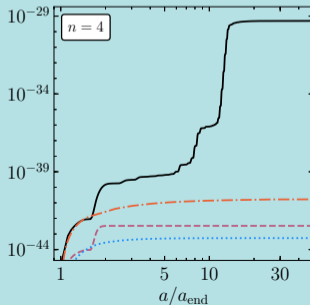
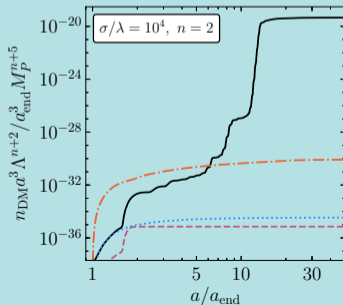
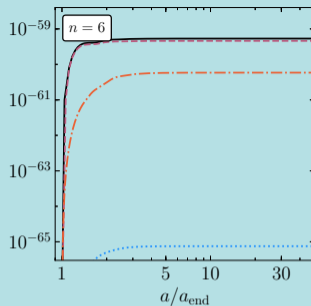
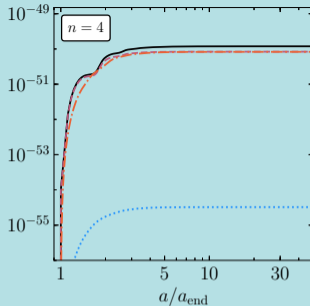
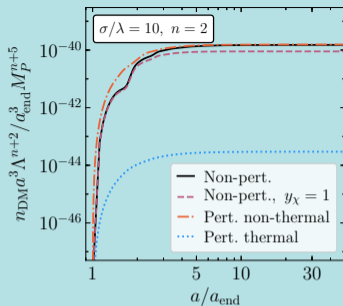
2. Flipped cosmology



3. Heavy gravitinos



4. Preheating



1. No-Scale Inflation



2. Flipped cosmology



3. Heavy gravitinos



4. Preheating

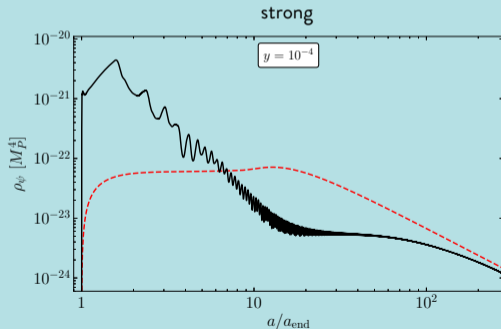
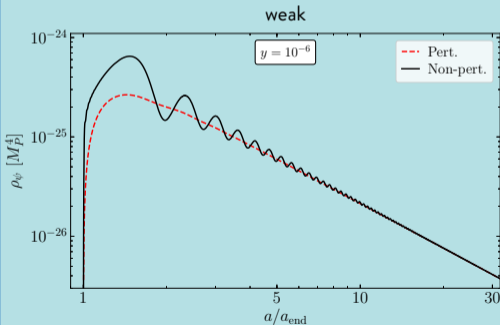


Freeze-in from preheating

Sensitivity to early times = sensitivity to *non-perturbative* dynamics

Fermion preheating

$$\mathcal{L} = y\phi\bar{\psi}\psi$$



1. No-Scale Inflation



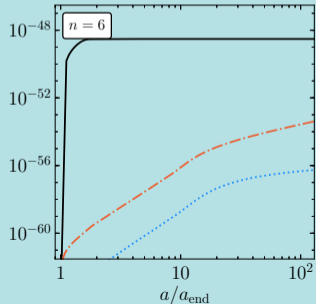
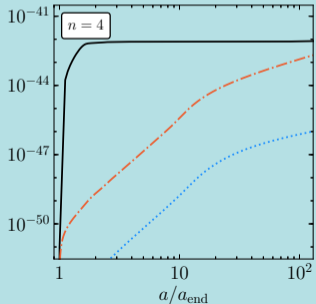
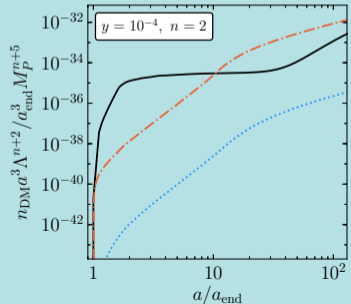
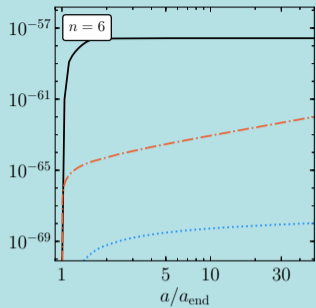
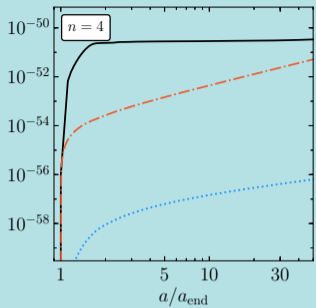
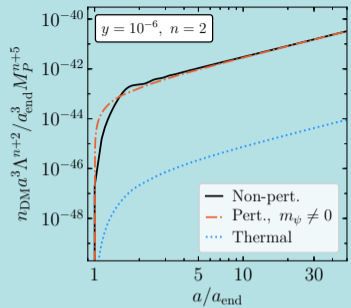
2. Flipped cosmology



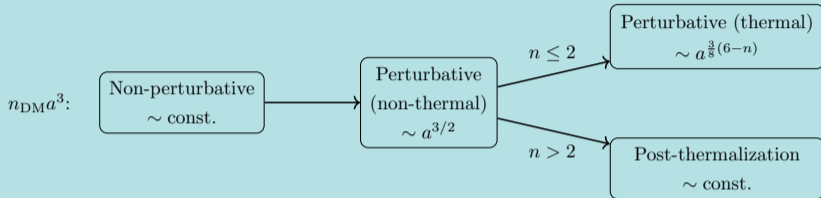
3. Heavy gravitinos



4. Preheating



Dark matter from fermion preheating



1. No-Scale
Inflation



2. Flipped
cosmology



3. Heavy
gravitinos



4. Preheating



1. No-Scale Inflation



2. Flipped cosmology



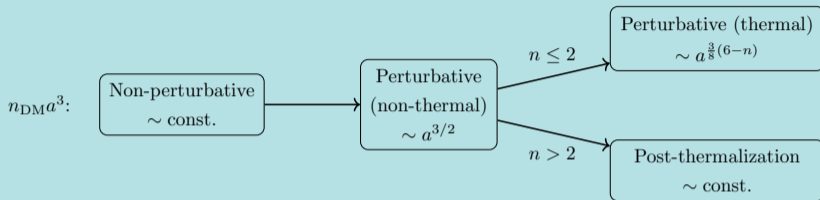
3. Heavy gravitinos



4. Preheating



Dark matter from fermion preheating



¡Gracias!